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Maine Campus Staff

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The Maine Campus

The University of Maine student newspaper since 1875 Vol. 134, No. 12

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Men's basketball gets two conference wins. **B1**

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School of Performing Arts hold Astonishing show. **A12**

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Humanities Day events invite UMaine students to downtown Bangor

Marcella M. Cheviot
Contributor

University of Maine students and professors joined community members in downtown Bangor last week-end to celebrate the fourth annual Bangor Humanities Day. Events were held in three prominent locations in downtown Bangor: The UMaine Museum of Art (UMMA), the Maine Discovery Museum and the Bangor Public Library.

“For four years, the UMaine Humanities center has run a Humanities Day full of free programs,” Dr. Liam Riordan, a history professor at UMaine and the director of the UMaine Humanities Center, said. “They’re all free and they’re all open to the public.”

It all started on Jan. 29 with a unique PechaKucha event at Coe Space in Bangor. Presentations about art, literature, history and exploration were made by UMaine professors and local artists. Each presentation consisted of 20 images, shown and discussed for 20 seconds each.

The main events were held from 12:15 p.m. on Saturday, Jan. 30 until shortly after 5 p.m. that evening. The events for Saturday were scheduled by Professor Michael Grillo,



University of Maine Museum of Art in Bangor during the Bangor Humanities Day on January 30, 2016.

Ian Liggett, Staff

a professor of art at UMaine. “The humanities are a public responsibility — they’re the core of society,” Grillo said in a recent interview with the Bangor Daily

News. “They are crucial for who we are and what we can imagine and what our future is.”

Artist Dan Dowd, discussed his exhibit, entitled

“thick skinned” during the first event on Saturday. His exhibit, which is currently at the UMMA, features artistic pieces created from materials found in junkyards.

Grillo and Kat Johnson, the UMMA education coordinator, held a discussion for Richard Whitten’s exhibit, “Studiolo” which is also currently at UMMA. Whitten’s

work features shaped paintings and whimsical sculptures that provide a glance into the creative experience.

See **Humanities** on A3

Landlords push safety, opportunities at Renter’s Fair



The University of Maine Renters Fair hosts representatives from various apartments including The Grove, Orchard Trails, KC Management, and The Avenue to assist students in finding off campus living.

Zack Davis, Contributor

Haley Sylvester
Contributor

Landlords and representatives from several student housing and apartment complexes lined the atrium of the Memorial Union for the second Renter’s Fair of the year at the University of Maine. An announcement was put out a few months prior to invite landlords with open places to be a part of the fair.

Representatives from The Grove, Orchard Trails, Dryden Terrace, Washburn Apartments, The Avenue and Cross Properties were in attendance, looking to fill

empty spaces in their respective complexes.

The Grove and Orchard Trails were each seeking to fill three and four bedroom apartments. Dryden Terrace, on College Avenue, holds mostly families and the elderly, but do accommodate a number of UMaine students. Washburn typically has two bedroom apartments, and its new neighbors, The Avenue, have from one to five bedroom apartments available in their newly built complex.

Most landlords urge their residents to get renters insurance when they sign their leases for cases such as the

recent burglaries.

“Also, getting to know your neighbors — making that connection, a lot of students make the mistake of not doing that,” Moriah Geer, a representative from UMaine Student Employment, said.

She suggests that students make sure they are smart about who they bring home and who their roommates are bringing home.

When asked about the burglaries that affected the Orono area over winter break, most of the landlords and other representatives said the same thing—to keep

everything locked.

“A dark and empty [house], it’s inviting for people who are into that kind of work,” Chad Bradbury, a representative from KC Management, said. “Students need to lock their doors [and] windows.”

“Everybody can be a victim of burglary,” Geer added.

The burglaries were an uncommon occurrence, according to Orono Police Chief Josh Ewing. Landlords at the Renter’s Fair are taking the opportunity to encourage their residents to be cautious and smart about their locks.

UMaine English Professor considered for \$100,000 poetry award

Hannah Chambers
Staff Writer

Jennifer Moxley, a University of Maine english professor, is a finalist for the Claremont Graduate University’s Kingsley Tufts Poetry Award.

Recognized for her sixth and most recent book, “The Open Secret,” Moxley is one of five mid-career poets in consideration for the \$100,000 award.

“It is a nice surprise,” Moxley, who didn’t know she was being considered for the award until she was announced as a finalist, said.

“The Open Secret” was submitted to the competition by Moxley’s publisher, which the poet explained is typical in publishing. In fact, Moxley enjoyed a similar surprise last year, when she received the William Carlos Williams Award from the Poetry Society of America.

Moxley explained that although there is no strict definition for a mid-career poet, “the idea is that you’ll still keep writing,” which is certainly Moxley’s plan. The professor and poet was on

sabbatical last year, which gave her the chance to focus on her writing — an opportunity which is usually only available to her when classes aren’t in session.

Between instructing classes and administrative duties, teaching takes up almost all of Moxley’s time.

“It’s not a total disconnect,” Moxley said. “Sometimes the things I’m teaching and researching will end up affecting my work later. But, just in terms of the hours to craft new work, it’s hard to do it when you’re preparing classes and commenting on student work.”

For example, Moxley claims that working on the course, “Topics in Literature: Orpheus and Eurydice,” was very influential on her work.

Moxley completes most of her writing during the summer at her home in Orono, which she describes as a typical professor house.

“There are books everywhere,” Moxley said.

In the summer, Moxley moves around the house, handwriting her poetry be-

See **poetry** on A2

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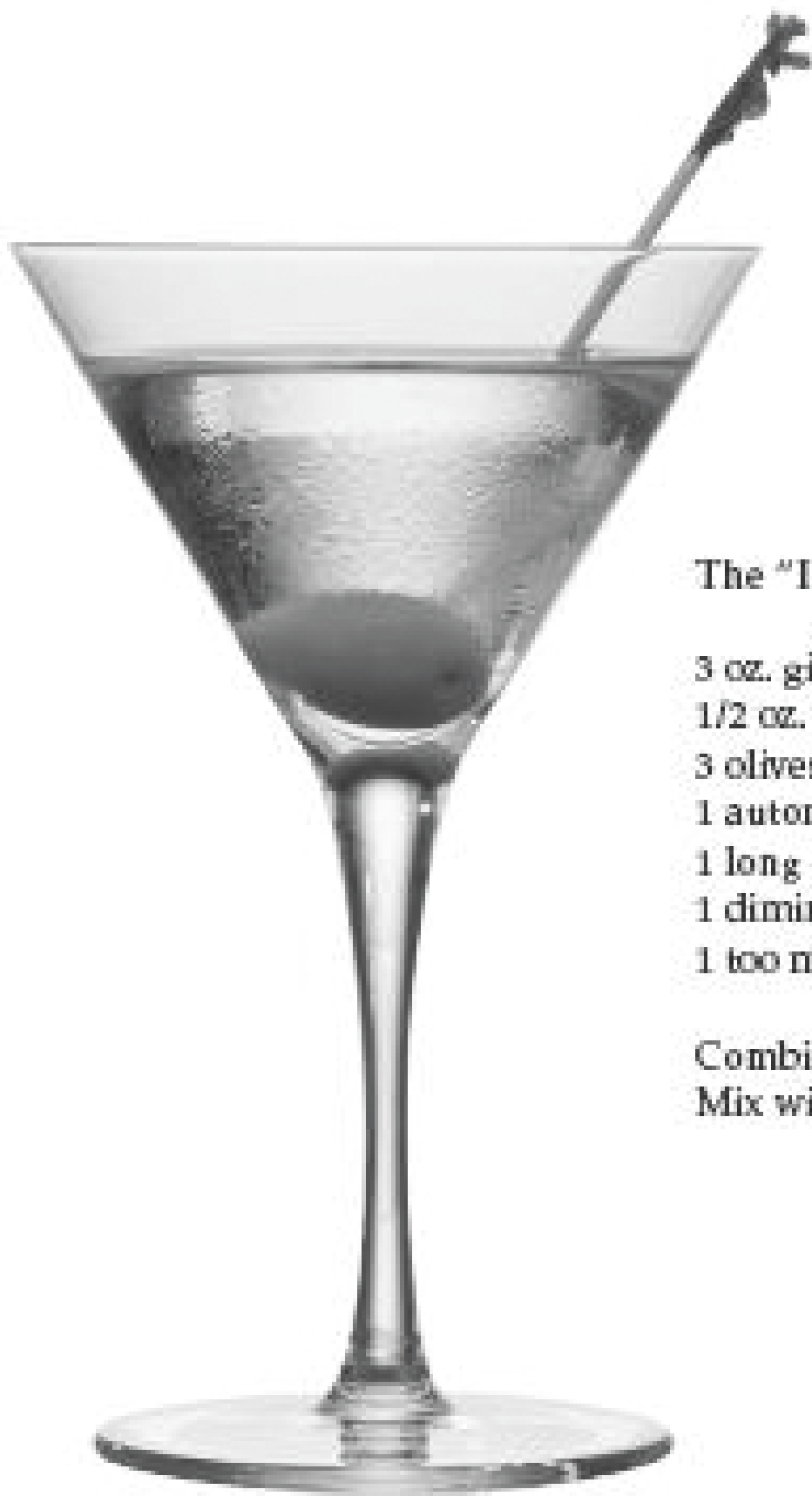
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UMaine Cooperative Extension Warns of Avian Flu

Sydney DuEst
Contributor

On Jan. 25, Dr. Anne Lichtenwalner, associate professor of animal and veterinary sciences at the University of Maine, released information about a recent outbreak of avian influenza, more commonly known as the bird flu, on a large turkey farm in Indiana.

Lichtenwalner has worked for the UMaine since 2008 and has directed the Animal Health Lab while conducting research in animal health.

The information in the release advised Maine poultry producers to apply caution against the flu throughout the winter months. The spread of the disease can occur from wild birds and turkeys effected in the Indiana region.

“When it’s the highly

pathogenic (HPAI) form, it rapidly kills many types of birds,” Lichtenwalner said.

The UMaine Cooperative Extension seeks to notify farmers and the general public about the avian flu. The U.S. Department of Agriculture (USDA) is working to stop the spread of avian influenza in Indiana by depopulating the flocks of birds, and so far has been successful in their containment of the virus.

“We hope that HPAI will not be found in Maine, however, if it arrives here it will probably be carried by migrating wild birds,” Lichtenwalner said. “In that case, our backyard flocks and our commercial flocks might become infected.”

In instances where HPAI is confirmed in a flock of birds, the USDA will act

to quarantine the infected farms. This could have effects on Maine’s poultry industry if it spreads because the flocks will need to be depopulated. The Center of Disease Control is also watching carefully to monitor viral strains in these outbreaks.

The Jan. 15 outbreak in Indiana resulted in the euthanizing of nearly 400,000 turkeys and chickens. This, according to Reuters, was the first outbreak since June.

Although HPAI can be deadly to domestic turkeys, there is no information saying that the strain will affect humans. The UMaine Cooperative Extension does not conduct research, but does provide producers and farmers with the appropriate information for preventive practices against outbreaks.

Cooperative Extension also provides services to veterinarians and livestock producers through the UMaine Animal Health Lab. Producers can use the lab and participate in informational seminars about research and diagnostics.

“The highest risks are either contact (personnel, equipment, birds) with infected flocks, or direct contact with wild birds,” Lichtenwalner said.

The Cooperative Extension advises farmers to keep a watch on their flocks, even though most of the flocks are inside during the winter months, because it is not certain which species of birds are immune to the virus. Birds should be kept in separate places from wild birds, especially when feeding.

poetry
from A1

fore typing it up on her laptop.

“A lot of writers go on writing retreats,” Moxley said. “But I like to be at home with my cat and my husband.”

Her favorite spot? The screened-in front porch.

Moxley started writing at about 20 years old, which she describes as relatively late. She originally wanted to be a painter and occasionally incorporates her artistic abilities into her writing.

“Just recently, I wrote a

series of poems that I made drawings to,” Moxley said. “They’re unpublished, but it was more of a fun thing to do.”

Although she does not yet have a solid timeline for the release of her next book, Moxley estimates that book seven will be available in the next few years. Generally, her books are three to five years apart.

The winner of the Kingsley Tufts Poetry Award will be announced in March, which leaves Moxley waiting for just over a month.




“Almost as long as the Academy Awards!” she joked.

Lost.

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Caribou native turned astronaut speaks at CCA

Nathaniel Trask
Contributor

Astronaut Dr. Jessica Meir, a former graduate of Caribou High School, spoke to hundreds of grade school students and others at the Collins Center for the Arts on Wednesday, Jan. 27.

Meir, 38, is a member of NASA Astronaut Group 21, a group of eight former astronaut candidates who completed a two-year long

training program to prepare themselves for space activities. Learning components of the program included learning about how to fly NASA aircraft, how to use and maintain robotic equipment and how to perform extra-vehicular activities (also known as spacewalks).

“When I was five years old I started saying that I wanted to be an astronaut,” Meir said.

The lecture about her as-

tronaut training, her duties at NASA, and life aboard the International Space Station (ISS) was made possible by the Challenger Learning Center of Maine. The center, located in Bangor, is designed to inspire students to pursue goals in mathematics and science. Meir also said that many of her teachers inspired her to pursue a career in science.

“If we do go to any heavenly bodies,” Meir said, “we

are going to need this kind of training.”

Meir also commemorated the anniversary of the Space Shuttle Challenger disaster. The 30th anniversary of the accident, which killed seven crew members, was observed on Thursday, Jan. 28.

“What an exciting career she has had so far,” Provost and Executive Vice President for Academic Affairs Jeffrey Hecker said. “The excitement of the sciences is palpable.”

Hecker also said that UMaine’s Advanced Structures and Composites Center is performing research on NASA’s Hypersonic Inflatable Aerodynamic Decelerator, which is a cone of tubes attached to the nose of a spacecraft designed to slow down the craft upon entering a planet’s atmosphere.

Meir says she is motivated about NASA’s efforts to put humans on Mars.

“Mars has always cap-

tured the human imagination for decades and decades, it’s always been the planet that everyone’s looking toward,” she said in an interview with The Washington Post. “Knowing it’s out there, it’s what drives everything that we do.”

Meir currently works for NASA as a capsule communicator, one of a group of people who work around the clock to speak to astronauts working aboard the ISS.

Two arrests made following IGA theft



Courtesy of **Old Town Police Department**

Samuel Shepherd
News Editor

Orono Police have arrested two suspects who they believe had a hand in two thefts from Bell’s Orono IGA on Stillwater Avenue, with the latest coming on Jan. 28.

David Bileau, 51, of Old Town, was charged with two counts of theft and violating bail conditions on Jan. 29.

One man, who wore a camouflage hat and a brown and orange coat, alarmed employees as they recognized him as a repeat offender. When they

alerted police, Orono Police were busy, and Old Town officers couldn’t catch him in time.

The man is said to have left out the front door, scurried around back, hopped over a fence and retreated towards the interstate.

Pictures of Bileau were posted on the Old Town Police Facebook, which led to an employee shedding light on previous incidents with him. According to the employee, it was the second time that the man had stolen this week, and both times, she claimed, he was stealing alcohol.

Sgt. Scott Lajoie confirmed that the first theft was alcohol, specifically two 12-packs of Bud Light Raz-ber-ita. The latest theft, according to Lajoie, was some items from the meat section.

Later on Jan. 28, Old Town announced on Facebook that they identified Bileau, citing that a correction officer had recognized him, and made an arrest.

The second arrest came against Eugene Young, 50, of Old Town, for violation of bail condition and as an accomplice to the thefts.

Humanities
from A1

Grillo then held a discussion about the French illusionist and filmmaker, Georges Melies, while screening some of Melies’ early 20th century short films.

There was a screening of the 2011 film “Hugo,” at the Maine Discovery Museum shortly after. The modern film was inspired by Melies’ work.

To close the day, there was an event at the Bangor Public Library. Norumbega Collective authors and UMaine creative writing students and master’s candidates, Chris Becker, Tyler Nute and Joe Linscott read and discussed some of their work.

Gift certificates for downtown stores and restaurants were handed out during the events in an effort to get people to explore more of what downtown Bangor has to offer.

“One of the main goals is to bring more UMaine students to downtown Bangor,” Riordan said. “We’d real-

ly like to show off all of the things that go on downtown and all the ways that students can take advantage of it.”

In order to encourage students to attend Humanities Day, the entire schedule of events was based around the Community Connector bus schedule. According to Riordan, creating more connections between UMaine students and downtown Bangor will not only help the revitalization of downtown, but also help students envision a future for themselves in the area after they graduate.



Michael Grillo (left), a UMaine art professor, alongside Kat Johnson (right), an education director for UMMA, discuss Richard Whitten’s exhibit, “Studiolo” at the University of Maine Museum of Art in Bangor on January 30, 2016.

Zack Davis, Contributor



Puppies are awesome! Pet one!

Weekly Updates

Police Beat

The best from UMaine's finest

Sam Shepherd

News Editor

Jan. 21

8:55 p.m. - San Diego Padres

University of Maine Police Department (UMPD) officers responded to a resident assistant (RA) complaint of underage drinking at Cumberland Hall. Upon arrival, a student answered the door. The officer saw beer and marijuana in plain sight. On entering the room, the officer saw two non-students, along with a

Jan. 22

11:13 p.m. - Polite party posse

UMPD officers re-

Jan. 23

12:07 a.m. - House of wax

A Penobscot Hall RA reported the smell of marijuana to UMPD. When the officers arrived, they contacted first-year student Maxwell Carr. Carr admitted to smoking marijuana and relinquished a pipe with residue from a wax dab, as well as a butane torch. Carr was summonsed for possession of drug paraphernalia and referred to Judicial Affairs.

Jan. 25

4:44 p.m. - Money laundering

UMPD responded to a reported theft at Knox Hall. A student said that someone stole their MaineCard and used it to make purchases at Hilltop Market and in the Knox Hall

Jan. 26

11:37 p.m. - No flex zone


UMPD responded to an RA report of an odor of marijuana at Somerset hall. Officers made contact with first-year students Shawn Montella and Matthew Fryman, the room's residents. They admitted to smoking marijuana, and turned over a Nalgene water bottle with marijuana in it and a pipe. Both were summonsed for possession of drug paraphernalia.

Jan. 26

11:37 p.m. - No flex zone

laundry room. Cameras at each setting produced supporting evidence. Officers made contact with Amy Bernier, who was seen on surveillance video, who admitted to the theft. Bernier was summonsed for theft.

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The World This Week



Jan. 26 - Ten police officers in the Afghan province of Oruzgan were poisoned by a fellow officer, who was a rogue working for the Taliban. The officer invited Taliban members in to shoot the men, killing all ten.

Jan. 30 - 4 miners in China have been rescued after 36 days being trapped 720 feet underground. 13 miners are still unaccounted for, while eleven were rescued days earlier. One miner was found dead after drowning himself in a well.

Jan. 31 - Boko Haram, Islamist extremist group, killed more than 50 people in a series of raids in Nigeria. Members of Boko Haram shot and set fire to homes in Borno Province.

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Opinion

Monday, February 1, 2016

EDITOR’S NOTE

Career preparation resources benefit students

For those approaching graduation — and those who try to think to the future beyond what they’re doing next Friday night — landing a job is often a big priority, albeit a stressful one. Leaving school and jumping into “the real world” is sweat-inducing, especially with student loans and apartment leases looming overhead. It doesn’t have to be this way. The University of Maine campus offers safety nets for those who

pause to notice them. This Wednesday, UMaine is hosting its annual Career Fair. It will take place in the New Balance Student Recreation Center from 10 a.m. to 3 p.m. A quick look at the Career Center’s event page shows that they are at full capacity for registered employers. Needless to say, opportunities will be plenty — for those who attend. Maybe going to the Career Fair isn’t the most glam-

orous thing you could do on a Wednesday. It’s right in the midst of a surely busy week of classes and extra-curriculars. However, this is a land mine for students. Pull yourself together for at least an hour and take the plunge. You may pass out resumes, shake some hands — firmly, with a smile preferably — yet feel like you made little difference toward your future. Be patient. At the very least, you will have practiced

your professional presence and given your name to employers who may remember you in the future. Beyond the Career Fair, there are opportunities on campus everyday which are free for the taking. The Career Center offers a bit of everything in employment help, ranging from job searching to resume assistance. Having a proper resume is one huge step that no student should ignore. If nothing else, take a

peek online and read through the resume writing tips. An outstanding resume may be the difference between graduating mostly empty-handed and graduating with an edge. Even simpler is the day-to-day networking opportunities which arise with unassuming faces. Maybe joining that club you’ve been wondering about will establish friendships with future people in your field of interest. A voluntary workshop makes

your name known to potential employers. Take advantage of the established and the unspoken opportunities, and suddenly post-graduation isn’t so scary. Well, just a little less scary. You don’t have to jump blind — just jump earlier, whether it’s for that ultimate frisbee game with potential networking connections or for the Career Fair, and give future-you a serious one-up.

Political correctness not an issue; bigotry is

Brooke Bailey
Staff Writer

If you’re a part of the thousands of people that gripe about the continuing political ads, relentless telephone calls, and debate analyses that clog up the daily news, some bad news awaits you: this election season is just getting started. By next week, people in Iowa and New Hampshire will cast the first votes of the 2016 presidential election cycle, creating a visual approximation on who may be the United States’ 45th president. This campaign process has been unique to say the least, particularly with the Republican nominees. For example, to many people’s surprise, political outsiders Donald Trump and Ben Carson have been front-runners for the Republican Party since early fall. Though Trump and Carson have had very different backgrounds, they share a similar appeal of being unique political candidates to the American voters. One central issue that both candidates raise is our country’s recent obsession with being politically correct. It’s in almost every speech, rally and ad the two candidates create. The two candidates strongly believe that our country will improve if we

shed this incessant fear of offending people, and they intend to enact this movement if they become president. A Donald Trump supporter recently expressed on CNN that she feels she is afraid to say how she really feels because this country is becoming too politically correct. Why does the term “politically correct” come with such a negative interpretation? Complaining about our country becoming too politically correct is just code for complaining that people cannot spit racist, sexist or homophobic views without backlash. It is not illegal to assert personal views, no matter how ignorant, so there should not be a problem with a movement to view certain hate-filled statements as offensive. Issues regarding religion and holidays have also sparked this debate. Many Americans encircle themselves in these debates every year during the holiday season. In the past decade, places like corporate companies and schools have moved to eliminate Christmas-themed parties and festivities. Since many Americans celebrate Christmas every year, this push away from Christmas has been seen as ridiculous and absurd. The sep-

aration of church and state is the heart of this matter, because whether people realize it or not, these holidays stem from religion. Thus, since everyone in this country does not practice the same religion, one religion’s celebration — Christmas — should not be favored over other religious celebrations. Being politically correct is something that people should take pride in. It simply means that you are informed and respect the many differences and cultures in this country. The intent behind statements is a different situation. There is a distinct difference between someone being ignorant on purpose versus being ignorant because of misinformation. This open-minded movement that we have labeled as political correctness isn’t about jumping down the throats of everyone who mispronounces something or repeats an insulting joke that they don’t understand. However, with today’s Internet and information provided to us, how much of this ignorance intended or not can be excusable? So no, Mr. Trump and Mr. Carson, the problem is not that our country is easily offended. The problem is that people need to stop shamelessly offending minority groups.

Eliza Jones
Staff Writer

I’ve been a skeptic of the technological advances our society has seen over the last decade or two. I grew up in the ’90s and went to high school in the first years of the 21st century. I remember the advent of the internet, the revolution of personal cell phones. And I have just enough of my parents’ generation’s old fashioned pragmatism to look doubtfully upon most of the supposedly useful or — even worse — the supposedly “necessary” technological tools we’ve all gotten used to. There’s certainly a difference between convenience and necessity. I don’t care how easy it is to use the Maps app on my iPhone; I still carry a Maine Gazetteer in my Jeep — because while my GPS can mistakenly send me down the wrong road, a printed map cannot. But indeed, the most prized word in our society these days sad-

ly seems to be convenience. We can send our grocery lists to Hannaford ahead of time and have our produce all bagged and ready to pick up an hour later. If we hear a song we like on the radio, we can Shazam it and with only one more click, purchase it on iTunes. Technology makes it all too convenient to spend our money. However, There is one recent technological convenience that I discovered last night which I think just may redeem all the other silly stuff out there. I spent a tantalizing Friday night doing my taxes. I’ve been using TurboTax for, I don’t know, maybe eight years. Some years I’ve used H&R Block; other years, a local tax guy. But overall, TurboTax has never failed me. I’ve always thought it was very user-intuitive. And while it’s cutesy little greetings and snippets of small talk can be annoying — “You don’t like doing your taxes? That’s good, because we do!” — it can also

be sort of endearing. And let me just say — Wow. Last night, about seven minutes into my 2015 TurboTax session, the world exploded into rainbow confetti. Because, get this: TurboTax has added a brand new feature this year that lets you snap a photograph of your W2, and it automatically uploads your information and puts it where it is needed! Mind officially blown. I don’t know who is responsible for making this happen or how many years of painful schooling they had to endure to learn how to do it, but I’d like to shake their hands and maybe even buy them a pony or an ice cream cone, if they wanted one or the other. Because how utterly amazing is that? What kind of crazy convenient world do we live in these days? I’m tickled, astonished and also a little terrified of it. But by God, my taxes are done, and for that, I’m willing to forgive my geographically challenged GPS.



Please drink responsibly

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Editorial and Production

Editor in Chief *Anthony Pancoicco*
eic@mainecampus.com
News Editor *Samuel Shepherd*
news@mainecampus.com
Sports Editor *Jacob Posik*
sports@mainecampus.com
Opinion Editor *Sarah Allisot*
opinion@mainecampus.com

Culture Editor *Alan Bennett*
culture@mainecampus.com
Photo Editor *Aley Lewis*
photo@mainecampus.com
Production Manager *Michaela Powers*
Head Copy Editor *Jordan Houdeshell*

Business and Advertising

Business Manager *Zebediah Letourneau*
business@mainecampus.com - 581.1223
Advertising Manager *Elliott Simpson*
ads@mainecampus.com - 581.1215

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Humanization of non-violent inmates critical to prison reform

Kim Crowley
Staff Writer

The United States prison system is in desperate need of reform. We are the world’s leading jailer, creating trends of mass incarceration, racial disparity and widespread prison overpopulation. The statistics surrounding U.S. criminal justice, specifically our national prison system, are dismal at best. Over 2 million U.S. citizens are currently in prison. State prisons, as a group, exceed their maximum nominal inmate capacity by 15 percent. Federal prisons exceed their capacity even more so by 36 percent.

Why, in a country with about 4.4 percent of the world’s population, do we house 22 percent of the world’s prisoners? Multiple explanations exist, but I believe mandatory minimums and prison privatization are the primary drivers of our nation’s abnormally high incarceration rates.

Mandatory minimums are minimum sentences set in place for a wide range of crimes. The Anti-Drug

Abuse Act of 1986, signed into law by President Ronald Reagan, created mandatory minimums for drug-related offenses (including trafficking, distribution and possession). Though it is obviously important to impose laws upon drug offenses in order to discourage possession and distribution, the practice of mandatory minimums fail as a “one-size-fits-all” solution to a much more complex problem.

The general rule of sticking a repeat drug offender in prison for 5 to 10 years will not fix their drug problems. It instead creates an almost cyclical judicial system and ignores the fact that, regardless of charge or history, drug abusers are still people. I believe the intricacies of each and every case call for more personalized sentencing, with a stronger emphasis on rehabilitation for possession charges. This would lessen the number of non-violent offenders within the prison system and help would-be inmates reform their lifestyles.

A subsequent issue within the prison system is its turn to privatization. After

the Anti-Drug Abuse Act of 1986 passed, incarceration rates skyrocketed (quadrupling between then and the mid-2000s) and the demand for further prison space led to the development of government contracted, for-profit prisons. While not inherently bad, and not the sole cause of our high rates of incarceration, many have theorized that privatization has led to a sort of prison-industrial complex.

It’s simple: for-profit prisons need a consistent influx of inmates in order to maintain their population and thus their financial stability. This incentivizes law enforcement to maintain or increase incarceration rates, rather than lower them. Private prison industry lobbyists have successfully lobbied against measures that would shorten prison terms. They practically fear lower crime rates, as it would affect their financial bottom line. Furthermore, in 2013, the American Civil Liberties Union released a report on collected studies that showed private prisons were “filthier, more violent, less accountable, and possibly

more costly than their public counterparts.” Overall, prison privatization is a twisted way for business to infect what should be publicly-run institutions.

It’s almost paradoxical: while imprisonment rates remain relatively steady, national violence and property-related crime rates continue to drop. Due to circumstances (such as media sensationalization of crime) many citizens are unaware of this downward trend and do not see the need to reform our prison system. I urge people to do their research. We must understand the cyclical problem and take a second look at evidence and statistics.

However, we also must not dehumanize the people that form said statistics. Prisoners, especially non-violent ones, are not evil beings deserving of cruel treatment. They are more than just numbers in a study. They are human, and legislation involving the adjustment or removal of mandatory minimums and the elimination of private prisons would bring the necessary human element back to our prison system.

Mandatory screenings give new hope to beating mental illness stigma

Megan Shuman
Staff Writer

On the nightly news this week, there was an announcement that seemed small but was a huge victory for those suffering from depression. This is the announcement of mandatory depression screening in adults. These screenings will be covered by insurance under the Affordable Care Act. While the focus is going to primarily be mothers, specifically new mothers, it is a small step in the right direction in acknowledging depression as a country-wide issue.

In passing, the main issues that lie within recognition of depression are the initial negative emotions we mistake as weakness, or wrongness in ourselves, not our condition. Embarrassment, fear, guilt, shame or the simple, ‘I don’t want to talk about it’ block. I’ll shrug it away. There’s nothing wrong even though you can’t remember what normal

feels like. Then, there’s the denial.

As adults and young adults, we are held to a different standard. This only changes with age. The barriers are still the same. A parent doesn’t want to fail their kids, leading to unreported cases and people who are struggling to put their feet on the floor in the morning. Anybody who has some responsibility to admit weakness is a defeat.

While being mostly portrayed in the media as high school age, angst-ridden teenagers, those who suffer from depression come from all walks of life, at any age and are anything anyone can ever be. And while we forget that, many people are left to fall back between the cracks yet again. There are not as many fail-safe options in the ‘adult’ world. It is busier to an extent, and from this standpoint, it seems much more cold and impersonal. From a very young age we learn the answer to ‘how are you?’ as ‘good’ regardless

of the circumstances. We don’t know our neighbors anymore, let alone check on them to make sure that they aren’t taking life too harshly. In a world so connected, it’s so easy to be alone.

Recognition for depression and its realities have come a long way. However, it is not quite there yet. There are still too many ways to fool people. Again, that lies within society and our social norms we have constructed. Maybe we’ve also learned to fool ourselves. We forget to take an inventory of our emotions and don’t realize until it’s too late. We just carry everything along. Or maybe we’re simply stuck with nowhere to go or turn. And the admission of helplessness does not match our determined personality. Silently screaming for help, if only someone asked more than ‘do you want to hurt yourself?’

While one could argue the benefits of multitude therapy approaches found to help those with depression, there

is one component that is necessary to them all: acceptance. One needs to accept there is a problem before they can work to fix it. With these mandatory screenings, those in denial may have a chance to look at their diagnosis in a light that could seem more legitimate to those in the number-crunching medical fields.

There have been many movements in the past years to change the face of depression, and I believe that it is finally changing for the better. These screenings will be beneficial to care providers and the individuals struggling with the denial that often accompanies depression. This may provide the validation someone needs to finally admit they need the help they deserve. Hopefully with the arrival of these mandatory tests, the stigma will be lessened, and depression treated as any other disease is, with validity and compassion needed to create a safe, efficient healing environment.



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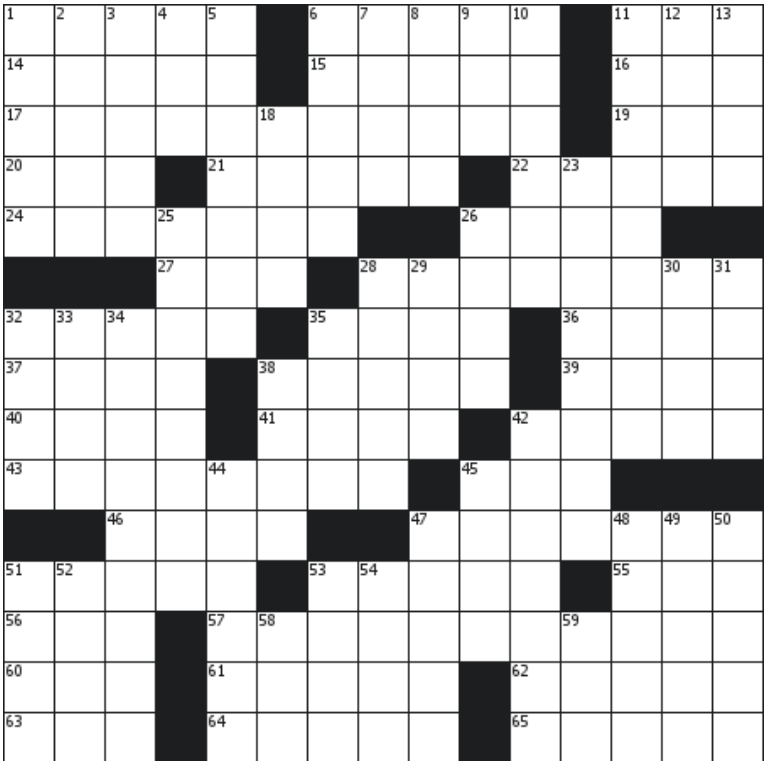
THUMBSUP DOWN

Steve Birnbaum	Chad Kroeger
USMNT	Iceland
PBA	PBR
AP Pong	AP Style
Kanye	West



Diversions

Crossword



- Across**
1. City near Brigham City
6. Central idea
11. Driver's helper
14. Distress signal
15. Blood line
16. Dead-end job
17. Instant message between you and 3 friends?
19. Coffee server
20. Abate
21. Great time or great noise
22. Winter warmer
24. Oppressors
26. Kind of top
27. Pendulum direction?
28. Some crime lab jobs
32. Lane associate
35. Big gulp
36. Iridescent stone
37. When repeated, a food fish
38. Some mall rats
39. Writer Ephron
40. Beginning on
41. Revolutionary with a regret
42. Alluded to
43. Toy for indoor play
45. Ball chaser?
46. Actress Hatcher
47. Trials
51. Animated pet dog
53. "Star Wars" director
55. Bus, bigwig
56. Court
57. Tea kettles, perhaps
60. Chalet backdrop
61. Intuition
62. Bellini opera
63. "Indubitably"
64. Wield, as force
65. Made it through crunch time?
- Down**
1. Did in, mob-style
2. Schoolroom spinner
3. Paints amateurishly
4. "To ___ is human ..."
5. Recent arrival
6. Yucatan natives
7. Klutz's cry
8. Bouncy gait
9. Where-at link
10. Moneybags
11. Interstate diner, perhaps
12. Continental cash
13. Italian volcano
18. Sax type
23. Mano a mano
25. Michelle of "I Am Sam"
26. Readies for sale
28. Reside
29. Number of Muses
30. Skater Lipinski
31. Narrow strip
32. Arabian Sea sultanate
33. Perform high-tech surgery
34. Halts, e.g.
35. Notary's tool
38. Bangkok resident
42. Surprise blessing
44. Use the Web
45. Kind of surgery
47. Chamber work
48. Squirrel's treat
49. "___ Entertain You"
50. 1960 Everly Brothers hit
51. Not home, on a sports schedule
52. Dover export
53. Word before dance or drive
54. Cold War rival (Abbr.)
58. Spell
59. Luau dish

onlinecrosswords.net. Answer key located on A5

Word Search: Winter

- BLACK ICE
BLIZZARD
BOOTS
CARNIVAL
CHRISTMAS
COLD
EGG NOG
FIREPLACE
FIREWOOD
FOG
FREEZE
FROST
GLOVES
HAIL
HEADBAND
HIBERNATION
HOCKEY
HOLIDAYS
ICE FISHING
ICICLES
KNIT CAP
LONG UNDER-

WEAR
MITTENS
OLYMPICS
PARKA
SCARF
SEASON
SKATES
SKI DOO
SKI PANTS
SKIING
SLED
SLEET
SLIPPERY
SNOW CASTLE
SNOW PLOW
SNOW SHOVEL
SNOW TIRES
SNOWBALL
SNOWBOARD
SNOWFLAKE
SNOWMAN
SNOWSHOES

SOLSTICE
SOUP
STEW
STORM
SWEATSHIRT
TOBOGGAN
VACATION
WIND CHILL
WOOL SOCKS

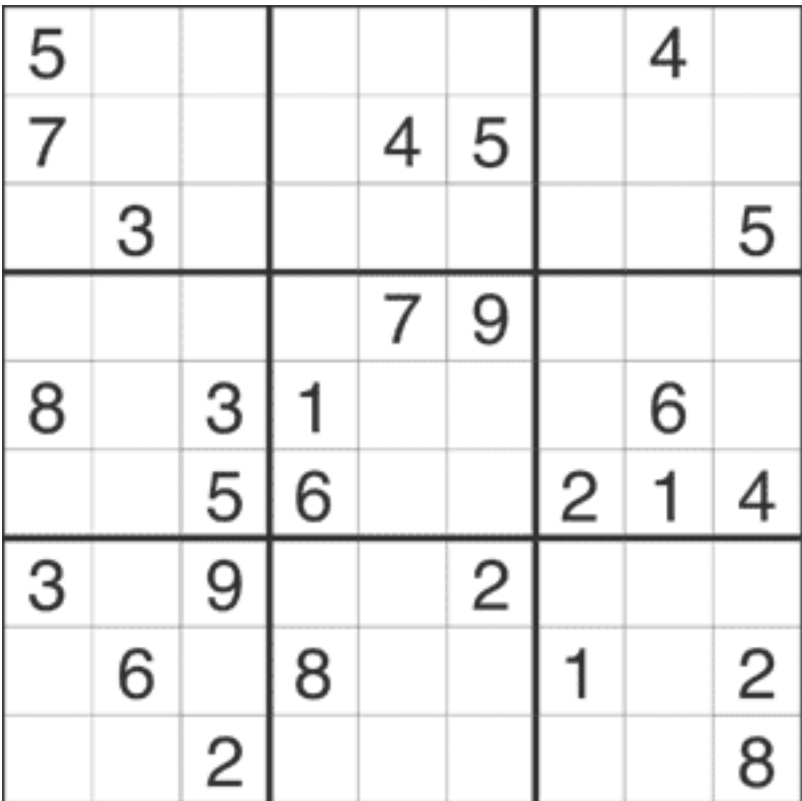
L S O S E K A L F W O N S E L C I C I N
L E Y C E K R A I M N D D R A Z Z I L B
A S C A W V K A I O E C I K C A L B R D
B W A R D R O T E S N O W S H O V E L C
W E R F A I T L C W A F I R E P L A C E
O A N P I E L I G E R N H E A D B A N D
N T I S N C P O L S Y E S E T A K S S W
S S V S N M E T H K E A D N D F R N E M
T H A M Y O S F S C K T N N O L O H A R
Y I L L R A W E I O C W O E U W O G S W
E R O S C O R S W S O I I B B G M C O I
S T E W A I T S H L H V T O O S N A N N
N K O P T M O S P O G I A S T G O O N D
D N I W P L T W T O E R N C O E G U L C
S E O I S I O S N W D S R G A R E A P H
E N L T N N L G I F R E E Z E T F L N I
S R I S S G G S M R O N B O O D I K S L
T C F I R E W O O D H A I L S T O O B L
E H S S T N A P I K S C H P A C T I N K

puzzles.ca. Answer key located on A5

Sudoku

Each row, column and 3x3 square must have numbers 1 - 9 in any order, but each digit can only appear once. There is only one correct answer.

Difficulty level: Easy



puzzles.ca. Answer key located on A5

Word Scramble: Christmas

1. LCOD
2. TEAHER
3. ATOC
4. AOESNS
5. WONS
6. ICRACT
7. CEI
8. SRAFC

9. IDALZRZB
10. EZRFEE
11. LKNEFSAWO
12. TRFSO
13. ISK
14. IABREEHTN
15. OSDNWABRO

SNOWBOARD
12. FROST 13. SKI 14. HIBERNATE 15.
BLIZZARD 10. FREEZE 11. SNOWFLAKE
5. SNOW 6. ARCTIC 7. ICE 8. SCARF 9.
1. COLD 2. HEATER 3. COAT 4. SEASON

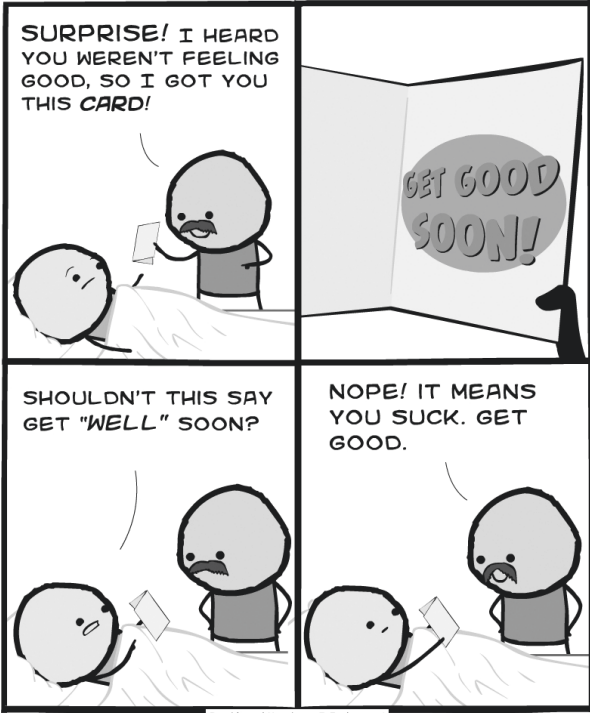
sciencekids.co.nz

XKCD By Randall Munroe



xkcd.com

Cyanide & Happiness By Dave McElfratrick



explosm.net

Nedroid By Anthony Clark



nedroid.com

Flip this page for
puzzle answers



SPA from A12

musical “Urinetown.” “I had to keep everything separate and organized, but I wouldn’t have it any other way,” McNaboe said.

“Ben is a an excellent conductor, if issues arose he fixed them immediately. I don’t think I’ve met anyone more organized than Ben in my life. He makes SPA very proud,” Manning said.

This year, McNaboe worked on expanding both the production of the fundraiser concert and the outreach. In addition to performing in concert, Gerson, who has been teaching voice and piano for thirteen 13 years, shared her expertise with young performers at four Maine public high schools, and taught a master class on Friday, Jan.

29, in Minsky Recital Hall.

“I was teaching since I was seventeen, and I know that I will always teach, as long as I can sing and until I can’t teach anymore,” Gerson shared. “Teaching is a full circle for me, a walk down my memory lane. Inspiring young kids to go after what they want to do is very fulfilling.”

“Stephanie is fantastic, it’s great to see how some of the top singers come here and sing with us. It really motivated me musically to rise to her level,” Manning said.

Three-hundred tickets were sold prior to the show, and an estimate of an additional 300 were sold on the show day.

President Susan Hunter was also amongst the many who enjoyed the show. “The show was wonderful, they all did a fabulous job. I am looking forward to the next, 4th

fourth annual show,” President Hunter shared.

Money raised by the fundraiser will support the University Singers tour to England and Ireland, as well as help the SPA continue to provide experiences and opportunities for students passionate about professional performing, as well as and increase the SPA outreach initiatives throughout the state of Maine and the New England region.

After the show, the audience showed praise to McNaboe and the performers through standing ovations.

“The audience last year was very responsive, and absolutely loved listening to the songs that they know,” Gillis said before the show. “It seemed as if they got transformed into a new world, and I want the same, if not better response this year.”

Improv from A12

tin-Huitt said.

Katelyn Brown, a first-year biology student, had theater experience dating back to the sixth grade and improv experience since the eighth grade before entering the tryouts.

“I love everything with theater, and I like to make new friends, especially since I’m a first year,” Brown said.

Brown added that improv has helped her think on her feet and be more comfortable in public situations.

“It’s just so comedic,” Brown said. “It’s made me not afraid to try new things.”

Improv In Sanity’s performance group generally holds two or three shows in residence halls a semester,

and two larger shows at the end of the semester in the Black Box Theater.

This is Waters’ first semester as director. She was rejected twice before making it into the performance group.

“For me, it’s really helped with my confidence and talking to people. I was really shy when I first got to school, so the group helped me communicate better and try new things. It’s also been really cool to see myself grow. Now I’m the director of the club. I never thought that could happen,” Waters said.

Looking forward, Waters said that she would like to see the group do more in the Orono and Old Town communities and go to more competitions. The group occasionally attends an improv conference in

Boston.

While Martin-Huitt and Brown had experience on stage prior to trying out, Waters said that at least half of the group’s current members had never been part of theater or had only minimal experience before joining.

“It can actually be kind of better to have people with no background, because they start from zero and don’t have any bad habits you have to work on,” Waters said.

Waters said that everyone should be open to the benefits of doing improv.

“You never know what you can do. It’s really relaxed, it’s not intense, you don’t have to have anything memorized,” Waters said.

“I tried out because I love to laugh,” Martin-Huitt said. “And who doesn’t love to laugh?”

A Mainer Abroad: Reality sets in

Chloe Dyer Contributor

I spent my first week in Bulgaria participating in orientation, exploring the city and generally living in the honeymoon stage of being abroad. However, this past week, reality started to set in. I am in a new country, halfway across the world. Hardly anyone speaks English, and I will not be at the University of Maine again until August.

I also began classes on Monday. While classes here are certainly different, the university is American,

so classes are taught in English (thankfully) and the teaching style and syllabi are often quite similar. I am in four courses this semester to leave time for traveling. I do not have classes on Wednesdays or Fridays.

The journalism and mass communication classes here are somewhat similar to those offered at UMaine, except for one: design and layout. In this class I will be learning the basics of programs such as Adobe Illustrator and Photoshop, and designing logos, magazine covers and

book jackets.

Last Saturday I visited the Rila Monastery, one of the top tourist attractions in Bulgaria. It is not far from my university, so we all piled onto a bus and drove through winding, narrow streets up the mountains until we found ourselves in the heart of the Rila Mountains. The monastery was built in the 10th century.

One thing I find fascinating about Europe is the sheer amount of culture and history that exists. In the United States, we have a much shorter history, and we oftentimes lack the cul-

ture that many Europeans experience in their day-to-day lives. Bulgarians have many cultural traditions, from food, to music, to clothing and dance. These things can be seen even in some of the clubs here. Although there is some Western influence, their culture still remains in many of the villages and in everyday life. The other day while walking back from class, I passed by a horse towing a cart, and the horse was dressed in traditional tassels and Bulgarian decorations.

Now, I am getting used

to the idea that I am not just here to travel to different countries and go clubbing. I am also here for school, which I need to remember. The lack of classes two days a week will make this hard, but this is certainly a perk of studying abroad.

Unfortunately, at the beginning of the week when classes started, my laptop died. It still has not turned on, so I will be traveling by taxi to Sofia, Bulgaria to the one Apple-certified service center in Bulgaria. I only hope something can be done to revive my lap-

top. I suspect that it could have been affected by the adaptor I have to use to plug in any electronics.

I can already tell that coming back to the U.S. will be a reverse culture shock. I will be very happy to see some things again, such as friends, family and foods that I have missed, but other things will be difficult to adjust to, such as the different culture (or lack thereof), saying goodbye to the friends that I have made here, and the different way of life that I am developing during my time abroad.



Lucas Roy performs at The Family Dog’s Rising Tide Tap Takeover on Friday, Jan. 29.

Zack Davis, Contributor

Local from A12

were probably three tables full, 10 people or so. As

the night progressed, more of my friends came . . . but this is more crowded than it was last time,” Roy said.

Roy and his group The Middle Men began with

\$800 worth of equipment — an investment that has since grown to over \$10,000. Aside from his group, Roy began performing in restaurants at

age 17 with the Middle Men, and began performing locally at the Roost in Orono. The Family Dog performance was challenging to land, according

to Roy. He credits Dave Coffe, the general manager from The Roost, for getting him the tap takeover gig at the Family Dog.

“One day I just was feeling, I guess, motivated and I just walked in [to the Family Dog] and I was just like, ‘Hey, I’m a part of a band . . . and I heard you do shows’,” Roy said.

According to Roy, The Family Dog owner, Bob Cutler, was skeptical about Roy’s credentials during their first interaction. “Then Dave [Coffe] walked in [while Roy was speaking to Cutler], and I had played a show at The Roost with my band, and [Coffe] was like, ‘Oh, when are you playing at The Roost next?’ So it kind of worked out perfectly.”

Roy doesn’t like to limit himself to certain genres; he plays everything from classic rock to modern hits.

“I like to appreciate all music,” Roy said. “I play it by ear; it’s really what

the crowd wants.”

The crowd gets bigger with each show Roy performs. Between his many gigs at the Roost, The Family Dog and various other locations, Roy is gaining a following beyond his initial friend group.

“I just feel like I have more people that support me now. I’ve always had friends who supported me and always came to my shows . . . Now I have a consistent 20 or 30 people who show up,” Roy said.

The restaurant line stretched to the door as Roy opened his show with The Lumineers’, “Ho Hey,” to a cheerful crowd in support of local music, local business and local charity.

“I think it’s great to be in Orono because there’s such a strong youth community,” Putnokoy said. “It’s more exciting to get younger people excited about Maine companies and kind of spread the news.”

Pros from A10

the panelists had to say about their career experiences.

“I’m graduating in the spring, and I feel like it was a good opportunity to learn and practice networking for the upcoming job

fair,” fourth-year psychology student Talia Sherwood said.

“I have no background in networking skills,” fourth-year international affairs student Jill Hein said. “I feel like it was a good way to practice without it being too serious.”

Students had a chance to earn different prizes

through activities such as, “Networking Bingo.” The game served as an icebreaker activity for students to practice mingling.

“I liked the icebreaker,” Sherwood said. “It was a cool way to talk with students and panelists.”

Students were also given a folder filled with useful information from the

Career Center, such as how to find jobs on a smartphone with the Careers by Symplicity app. They were also given a handout of the Career Center’s walk-in schedule for speaking with career counselors.

At the end of the night, the students interviewed said they felt more confident, and were ready to

network themselves at the Career Fair on Feb. 3 in the New Balance Recreation Center.

The Career Center is available for walk-ins every weekday at selected times and the schedule can be found at umaine.edu/career, or at the Career Center on the third floor of the Memorial Union.

“I think we all need to be more aware of the messages that we put out there daily. Everything we say and do communicates something about who we are,” Axelsen Foster said. “We have opportunities for better or worse to make impressions on people. If you’re kind, I think that can go a long way.”

Sia from A11

most empowering song on the album, but not the most personal. That would be “Reaper,” co-written with the likes of Kanye West, which discusses salvation and the desire to keep on living. With a mid-tempo drum beat, soothing strings and a Sia who sounds confident and happy, it’s the most approachable — and no doubt the best — track on the album.

These successes aside, “This is Acting” is not Sia’s

album. While “Reaper” may be the most personal track in sound and lyric, it was written for Rihanna, and Sia claimed no emotional attachment to the song in a December Rolling Stone interview. Perhaps we should be proud of Sia for making the most out of rejection; there is something to be said for coming out clear-headed amidst being turned down by pop’s biggest superstars. But sadly, the truth is many of these songs were rejects for a reason, and Sia’s roles on “This is Acting” feel forced, uncomfortable and miscast.

Grandpa from A11

“Dirty Grandpa” reminds us all what the opposite end of the spectrum looks like. The good news is that it failed so badly in every aspect of filmmaking that it presents a challenge to those trying to make something worse. A remake of Eddie Murphy’s “The Adventures of Pluto Nash” might fair better than this. Seriously, just do yourself a favor and watch Netflix instead.

TWEET US!

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Study Abroad Fair provides opportunity to see new sights, expand horizons



Students discuss study abroad options at the Study Abroad Fair on Jan. 28. Ian Ligget, Staff

Kurt Thiele
Contributor

On the afternoon of Thursday, Jan. 28, the Office of International Programs (OIP) held their biannual Study Abroad Fair. The fair

featured educational and service programs, as well as internship opportunities. Students who traveled as part of the University of Maine’s Direct Exchange program talked to students about studying abroad

through the program. Also present were representatives from about a dozen recommended programs.

The OIP, which also coordinates Culturefest and the International Dance Festival, “offers quality in-

ternational education opportunities to students, faculty and staff” according to UMaine’s International Program Interim Director Sarah Joughin. The OIP also offers support to international students and scholars from all

over the world. Joughin cites that roughly 140 UMaine students study abroad every year.

One of the more UMaine-centered programs present at the fair was the Canadian Year program offered by the Canadian-American Center. Betsy Artzen, Canadian Studies education outreach coordinator, offered information on the universities in Canada at which Maine students are able to study for in-state tuition price. Information was also offered on studying French and direct enrollment at particular universities that are not in Nova Scotia or Quebec for out-of-country rates. Information on studying abroad in Canada can be accessed in person at the Canadian-American Center, which is housed beside the Buchanan Alumni House, and online at the Center’s page on the UMaine website.

Jake Silver, a third-year marine science student, who recently returned from a Semester at Sea program in

Bar Harbor, Maine visited the fair in hopes of learning more about studying abroad. Silver said he “wanted to expand his opportunities and gain more connections,” as well as focus on what he wants to do with his degree.

It is these connections and opportunities that Amy Kumpf, the study abroad advisor, spoke of when discussing why she encourages students to study abroad. Kumpf herself studied in the Czech Republic as an undergraduate. While studying abroad, she said she received new perspectives and began to look at different cultures through these perspectives.

Those who wish to study abroad or find out more about doing so are encouraged to visit Room 240 in Estabrooke Hall. On Mondays through Fridays, from 11 a.m. to 3 p.m., students are able to meet with a study abroad peer advisor to discuss possible opportunities. The deadline for applications to study abroad in the summer, fall or whole academic year is Feb. 20.

Study abroad friends reconnect at UMaine

Aliya Uteuova
Contributor

In the fall of 2002, two students formed a friendship at the University of Maine that would last a lifetime. Lauren Mallon, an undergraduate student at Lancaster University in England, came to Maine for a year to study abroad as part of her American studies degree. Sarah Tadman, an environmental sciences student at University of East Anglia in Norwich, England, also chose to study abroad at UMaine for a year. Last week, Mallon and Tadman reunited in Orono with each other

and some of the American friends they made during their time here.

“We didn’t know each other until the second day of the orientation” Tadman shared. According to Tadman and Mallon, exchange students from the United Kingdom and Australia, as well as some of the local American students formed a very tight-knit group of friends.

“I can understand firsthand how natural it is, to be drawn to people who share something in common,” Mallon said.

“I told myself to be brave and embrace American friends, but it didn’t

happen instantly so I stuck with my group,” Tadman added.

“Us having each other was kind of like replacing the family,” Mallon said.

Tadman and Mallon shared that, unlike today, there was no Skype, FaceTime or even cell phones they could use to communicate with their families.

When asked about their fondest memories of their time at UMaine, Tadman remembered Coffee Hours and Oronoka dance parties hosted by International Student Association.

“I liked the opportunity to meet other international students, because it made

me feel accepted as an international student myself,” Tadman said.

Mallon’s fondest memories were of the UMaine hockey games. “It was the best sporting atmosphere I have ever experienced,” Mallon said.

In 2010, Mallon took her husband to see the Washington Capitals ice hockey game in Washington, D.C. “I kept saying that he’d love it, but it wasn’t the same as it was at UMaine.”

Both Tadman and Mallon chose UMaine for the community living experience, rather than a big city experience. When they were walking around the Orono

neighborhood last Saturday, they noticed that some people did not take down the Christmas decorations. “I love how relaxed it is here, no pretense,” Mallon said.

“Studying here was an opportunity to have a more relaxed time,” Mallon said. “I have a postcard that says ‘trapped in Maine’ and I think it’s quite good to get trapped here. UMaine is something big inside something small,” Mallon added.

The friends shared that if they had a chance, they would repeat their study abroad experience at UMaine all over again. “I would stay for longer, I was devastated when I was leaving,

even cried on the airplane, because I knew it was an end of the era. We knew we weren’t going to meet the same people again,” Tadman said.

Despite that, the friends managed to keep in touch. Both of them regularly plan to meet in London.

“A study abroad experience opens your mind, and you can learn a lot from different people, it’s worth taking a risk,” Mallon said. “The world is becoming a lot more global, and if you want a good job you are expected to have a global experience. A degree with a study abroad experience is what can set you apart.”

Through the Grapevine: Childhood memories

Alan Bennett
Culture Editor

WINE

Paul Direder 2014 Gruner Veltliner

Growing up in Maine, I’ve come to know the comfort of walking through an apple orchard. Imagine it’s early October and a light crispness begins to permeate the air. You stroll through widened paths, laden with fog, past the gnarly and bent branches of apple trees. The sweet smell of apples lingers in your nose — a gentle reminder of the wonders of nature. Parents with children upon their shoulders reach for the highest fruits, sneaking a few bites before returning to pay and maybe pur-

chase a fresh-made doughnut and a gallon of homemade cider.

It’s February, and it’s well beyond crisp, but Paul Direder’s 2014 gruner veltliner immediately transports the drinker to early autumn, the magical time of year when everything feels perfect and the world complete.

The Austrian white wine is one with which I have little experience, but of which I am now a fan. This particular bottle of wine hails from the Wagram region of Austria, and, according to its distributor KW Selections, the gruner veltliner grape is the most important variety of grape grown in Austria, being grown on a third of the country’s total viticultural area.

As soon as I opened the bottle and poured a glass,

I knew in my hands I held greatness. The golden wine shone brilliantly in its vessel, a sunny sight in dim January. Aromatics danced in random formation, ranging from toasty, woody notes to light, spicy pepper and citrus. Apple quickly steps in, inviting me to pluck the fruit from its perch, and sneak a bite myself.

I could have stopped there, but nevertheless, I pursued.

The initial sip was bitter with a distinct mineral flavor, astringent and almost off-putting, but quickly the flavors morphed into familiar fruits — apples and pears, along with a light grapefruity kiss to round out the balance. With a slight effervescence, this wine’s body can only be described as complex: possessing a light mouthfeel but

with layered flavors. For lack of better words: it’s interesting, it’s compelling. Mostly off-dry, the wine finishes with a refreshing fruity bite.

For food pairings, the distributor recommends chicken or fish dishes and risotto. I can confirm it pairs excellently with risotto — I made one — but I would say pair it with aged cheeses such as Parmigiano-Reggiano or Gouda, or even with lighter pasta dishes. I’m sure carbonara or cacio e pepe would be exquisite.

Winemaker Paul Direder, who goes by Paul D., began his career in wine at 17 while working in his own vineyards, according to KW Selection. A family winemaking affair — D.’s great-great-grandfather worked in vineyards hundreds of years ago — the

love of the craft is apparent from just one sip of this gruner veltliner. Referred to as the “lonesome cowboy of winegrowing and farming,” D.’s history and upbringing are reminiscent of the childhood spent in apple orchards.

It is amazing how, across the globe and across cultures, a bottle of wine can bring people together. Even more amazing are the emotions and memories invoked by a simple glass of wine. Here, Paul D. offers a complex yet approachable wine that associates the childhood splendors of yore with the sophisticated palate of adulthood. And even better, he does so at a price of \$9.99 for a 1-liter bottle.

Whether you are picking grapes in the sprawling wine regions of Austria or sauntering through the prized apple

orchards of Maine, stop and think just who else may be doing the same thing, and where around the world. Perhaps you two have nothing in common, but you’re never more than a good bottle of wine apart.

Paul D.’s gruner veltliner is available at The Store Amersand in Orono for \$9.99 for a 1-liter bottle. Note: most wine bottles are 750 milliliters, so this is a great deal.

RATING



Career Center holds ‘Pros Who Knows’ panel

Josh Fabel
Contributor

On Jan. 27, a handful of University of Maine students gathered in the Buchanan Alumni House for the “Pros Who Know” networking event hosted by UMaine’s Career Center and Alumni Association.

Kate Axelsen Foster, who is the assistant director for employer relations

for UMaine’s Career Center, said that similar events have been done in the past, but the event came from a collaborative effort with the Alumni Association after both organizations wanted a “networking event for students.”

The event featured a collection of alumni panelists from different job backgrounds, who came to answer students’ questions.

Some of the areas that the panelists represented included education, human resources, healthcare, business and communication sciences and disorders.

“What’s really nice about the panel is that everyone will have a chance to say who they are, what their role is, maybe how they got there and offer a bit of career advice. Then we can offer some Q&A,”

Axelsen Foster said. “When they hear [career advice] directly from an employer, I think it has a little more impact.”

Many of the questions during the question and answer session focused on what it takes to land a job and how to be successful in future interviews. The majority of panelists stressed the importance of networking and attending events

like the one being held.

“We have a Career Fair next week, so this is a great opportunity to give students some exposure and some practice to learn a little bit about the art of mingling, as well as meet some employers in a much smaller-scale setting,” Axelsen Foster said.

The night started off with about half an hour of mingling and enjoying light

refreshments in Leadership Hall of the Buchanan Alumni house. The event then moved into the McIntire Room of the building for a question and answer session with the alumni panel.

Students took full advantage of the networking opportunity with alumni and were excited to hear what

Reviews

MUSIC

Sia miscasts herself on “This is Acting”



Alan Bennett
Culture Editor

I’m not mad. I’m disappointed.

Sia’s new album “This is Acting,” is one-third a fantastic pop album, one-third empowering manifesto and one-third blatant mockery.

But mockery is what Sia attempts on “This is Acting.” Singing songs primarily written for other artists — songs rejected by some of today’s biggest superstars, including Adele, Rihanna and Shakira — Sia makes no intent of being true to her own self, something we come to miss as we progress through the tracks.

“This is Acting” is Sia’s follow-up to 2014’s “1000 Forms of Fear,” which spawned the hits “Chandelier” and “Elastic Heart.” Chart-topping as that album may have been, its true beauty was in its lyrics, which dealt with heartbreak, alcoholism and depression, and offered a window into Sia’s mind. Despite covering her face when performing, we came to know Sia as someone beyond the songwriter to the stars. She assumed stardom in her own right, a newfound global prominence that catapulted her into the eyes, ears and hearts of millions.

But two years later, “This is Acting” pales in comparison. Performing songs she wrote for other people, we fail to hear Sia as her own person. Her distinct voice becomes clouded by lyrics that don’t suit her persona, lost in the woods but unable to properly call out for help.

Perhaps this is no more apparent than in “Move your Body,” a Shakira reject that is undeniably a club banger, but an awkward barrage of brash

RATING



dance beats and muddled yodeling. Sia has made it clear she tried to emulate Shakira’s tone and style for her own vocal performance, which was undeniably her first mistake. Her second mistake was thinking we would believe her when she sings, “Your body’s poetry, speak to me. Won’t you let me be your rhythm tonight?”

I don’t buy it.

In “Sweet Design,” undoubtedly the album’s worst track, Sia utilizes sharp, attacking vocals over painful 90’s hip-hop beats, uttering deplorable, and downright strange phrases — among them: “My junk hypnotise the whole room, Bump, bump, I’m a rub it up on you. My peach, juicy soft and so delicious.” It’s no wonder “Sweet Design” was a reject.

“This is Acting” is not all bad. Its lead single, “Alive,” which was written for and with Adele but did not make Adele’s album, “25,” is not only an anthem in the literal sense, but in the spiritual. Sia sings, “I found solace in the strangest place — Way in the back of my mind,” a lyric we wouldn’t expect, nor picture a performance of, from Adele. We get the sense Sia wrote “Alive” for herself.

“Bird Set Free” leads the album in a proclamation of self-confidence, an ode to finding one’s voice and standing up for one’s beliefs. It’s probably the

See **Sia** on **A9**

MOVIE

Yes, ‘Dirty Grandpa’ is as bad as it sounds



Nathaniel Trask
Contributor

Born from the former greatness of “High School Musical,” it’s safe to say that Zac Efron’s track record since those days has not been great. The former teenage heartthrob had solid comedic success in 2014 for his movie “Neighbors,” but failed to generate much acclaim for the 2015 bomb “We Are Your Friends.” Continuing down the road of uncertainty, Efron stumbled into the new year with his new role in “Dirty Grandpa,” a raunchy and unapologetic film about one Richard “Dick” Kelly (Robert De Niro) who drags his unwilling grandson, Jason Kelly (Efron), to the beaches of Florida to explore his newfound freedom out-of-wedlock.

If moviegoers were to only see one scene from this film (such as the one where Efron wakes up drunkenly on a beach) instead of the entire thing, they might think the movie is rather good. It’s pretty clear that the makers of “Dirty Grandpa” distract viewers with raucous party scenes and a taste of the good life, but hidden from view is the movie’s inability to contain any sort of intelligent dialogue or acting. Parts can be considered exciting, but most of the story, or lack thereof, remains mundane. To be entirely honest, it feels embarrassing to watch.

The clumsiness of “Dirty Grandpa” comes to a head toward the end of the movie, when Jason ditches his fiancée and runs off with another girl, which is made out to be a quick resolution to the movie. Amidst all the action and swearing, the plot took noticeable twists and

RATING



turns. Initially it seemed that the only objective was to “experience the single life” once more, but more than halfway through the film, writers decided it would be a great time for Jason to re-evaluate his commitment to his obsessive Meredith (Julianne Hough).

Many of us were not lucky enough to appreciate De Niro in the heyday of his acting career, when he was turning out great films such as “Raging Bull” and “The Godfather Part II,” both of which garnered him Academy Awards. To give him credit, surely a man who has starred in more than 90 films would get tired of the commitment it takes to be a great actor. In recent years, De Niro’s work has been focused more on comedy films rather than drama or action thrillers, a true testament to his versatility, yet his ability to flourish in a starring role has been blocked by young and ambitious faces seeking attention from a younger audience. His recent collaborations with actors Jennifer Lawrence and Bradley Cooper have kept his career moving, and we will soon see him in a bigger role later in 2016.

While theaters have been chock-full of successful and popular movies so far this January,

See **Grandpa** on **A9**

RESTAURANT

Netflix and Thai Kitchen a match made in Heaven



Kate Berry
Staff Writer

Not every Friday night is a night on the town. Sometimes, your living room seems extra comfortable, along with your flannel sweatpants. Without pursuing the cliché “pizza and a movie” night in, I decided to switch it up by ordering Thai food.

With possibly the easiest number in Orono (866-0000) and free delivery, Thai Kitchen was just an easy phone call away.

The delivery man was funny and kind, even though it was only 15 degrees outside. He cracked a few jokes with me, but the smell of deep-fried Thai food filled the doorway. I found myself nodding and smiling, counting down the moments until that fried rice would be in my possession.

First, the Golden Bag: deep-fried, Thai-style spring roll skin stuffed full of ground chicken and mixed vegetables, served with plum sauce. If you’ve never had this sauce before, you might wince at the sound of it, like I did. Expecting a brownish-purple colored paste, it was actually quite the opposite. The sauce was clear and quite thin, with a salty and tangy taste. It paired so perfectly with the bags of gold. Reminding me of the same texture and taste of dumplings, the golden bags were the perfect precursor to the fried rice entree.

When you first order fried rice, and shiver at the \$7.95 price tag, you expect the small takeout box normally received with any Asian restaurant. The container that

RATING



this entree came in is enormous and easily could feed two people comfortably.

The House Fried Rice was a mix of chicken, shrimp, egg, onions, peas, tomatoes and scallions with Thai seasoning. It was served with a wedge of lime, which I highly recommend squeezing over the entire entree.

Each ingredient stood out in the dish, yet they worked so perfectly together — it was a holy matrimony of meat and veggies. Even the scallions, which seemed like such a small part of the entree, added a rich onion taste, giving the dish a sharper bite than if just onions were added. The tomatoes added a sweetness, creating a balance between the variety of veggies. Mixing both the chicken and shrimp in one dish was great for a variety, but it made the dish unmanageable to finish. I was stuffed after eating maybe a third of the plate.

On a calm weekend night of doing absolutely nothing but watching TV and relaxing, Thai food is the way you want to go if you want to steer clear of pizza or the typical Chinese food. For the price, service and quality of the food, you’ll be skipping out on the bars every weekend just to have a taste of some mouthwatering Golden Bags.

UMaine Miracle Network Dance Marathon fundraises with ‘\$100 Day’

Kate Berry
Staff Writer

The University of Maine’s Miracle Network Dance Marathon team hosted a fundraising event on Friday, Jan. 29 in the Memorial Union. The event, “100 Dollar Day,” aimed to help people raise \$100 toward their fundraising goals in a single day for the Dance Marathon, which will be held on Feb. 27. The executive team set up in the

Lown Room from 10 a.m. to 2 p.m. with music and food to help others raise money in any way possible.

Last year, the Dance Marathon — previously known as Bearfest — raised \$70,599.99 to help an area hospital support local children.

The executive committee for the Dance Marathon has two co-chairs, or co-presidents, Cassandra Krummel and Devon Biggie, who lead 12 other

members. The committee works closely with Kelly Pearson, the Children’s Miracle Network Hospital Representative at Eastern Maine Medical Center, to make the event the best it can be.

Biggie said his job is to motivate and support both those who are on the committee, but also others who are fundraising for the event. Biggie became involved in the charity event last year as a catering chair,

and fell in love with the cause, leading him to his present involvement in the event.

“After seeing the behind-the-scenes and the reactions of the miracle children at the event moved me and I wanted to do more,” Biggie said. “In the end, no matter what happens, we do this all for the kids and that’s what makes all the hard work worth it.”

As the date of the Dance Marathon creeps closer and

closer, the committee hopes to raise as much money as possible to reach the \$100,000 goal.

“We really want to start this semester off on the right foot and show that a school like UMaine can come together as one to raise \$100,000 for the kids,” Biggie said.

The “100 Dollar Day” event is one of many to come within the next month. On Thursday, Feb. 4, there will be a pancake

night in the Union. There is a “team battle” set for Friday, Feb. 5. The team that raises the most money will first receive pizza at the next event. On Friday, Feb. 12, the committee is holding a “Jail ‘N Bail” fundraiser with a mystery guest.

So far, the group has raised \$10,043. Donations can be made online by clicking on the link on the UMaine Miracle Network Dance Marathon Facebook page.

FEATURED STORY

Study Abroad Fair

Office of International Programs fair encourages students to see new sights

A10

NEW AND UPCOMING RELEASES

🕒 Rihanna, <i>Anti</i>	Jan. 28
🕒 Sia, <i>This is Acting</i>	Jan. 29
🕒 Elton John, <i>Wonderful Crazy Night</i>	Feb. 5
🎬 <i>Kung Fu Panda 3</i> (in theaters)	Jan. 29
🎬 <i>Rams</i> (in theaters)	Feb. 3
🎬 <i>Pride and Prejudice and Zombies</i> (in theaters)	Feb. 5

Reviews

Sia, “This is Acting” 🕒
“Dirty Grandpa” 🎬
Thai Kitchen in Orono 🍜

A11

School of Performing Arts hosts ‘Astonishing!’ annual fundraiser



Guest artist Stephanie Burkett Gerso performs with University of Maine students in the SPA's annual fundraiser on Jan. 30. **Sze Wing Wong, Contributor**

Aliya Uteuova
Contributor

On Saturday, Jan. 30, the University of Maine School of Performing Arts (SPA) held its third annual Fund-raiser Pops Concert, “Aston-ishing! The Songs and Sto-ries of Broadway’s Best.”

The first SPA fundraiser was held in Hauck Auditorium in 2014. After a sold out show and an overwhelming response from the commu-nity, the show moved to the Collins Center for the Arts. Between the performers, the orchestra, the production team and the tech team, there were close to 100 people in-volved in the show.

“The fact that the concert is held at CCA is really cool,” Alexis Gillis, a second-year UMaine student and a soloist in the show, said. “I don’t get to sing there very often, so when I do, it makes it seem

like a big deal because it is a big, grand deal.”

Auditions for the fund-raiser were held in October. Rehearsing with her voice teacher, as well as on her own, Gillis shared that over the past two weeks, she got to sing with a 50-member or-chestra consisting of UMaine students, faculty and alumni.

“Orchestra and voice fit together so well,” Gillis said. “Orchestra changes every-thing, making the sound so much more powerful. Hav-ing the orchestra back me up helps me get into the music more, and this whole energy is amazing.”

“The job of the orchestra is to back up the vocalists. Going into it, we all knew our roles and what to do to put on a good show, and it all came together very well,” Ethan Manning, a third-year Umaine student and a saxo-phonist in the orchestra, said.

“[The fundraiser concert] has become a kind of a well-oiled machine,” Ben McNaboe, music director and a conductor of the show, said. Now a graduate student, McNaboe, 23, put together the first annual fundraiser during his senior year of undergrad-uate studies at UMaine.

After transferring to UMaine his sophomore year, McNaboe realized the divi-sions of music, theater and dance at the SPA did not have an event where they merged in a common performing ex-perience.

“This fundraiser concert fills that void in a very big way,” McNaboe said. “It is more than raising money; it is about influencing culture and cultivating it,” McNaboe added.

Each year, the fundraiser concert grows and evolves. According to McNaboe, this year’s program is more musi-

cally challenging than it has been in the past. The narra-tive of the show follows the story of an underdog through old and new Broadway hits, including “Not for the Life of Me,” “Don’t Rain on My Parade,” “It’s Delovely,” “Anything Goes,” “Aston-ishing,” and more.

The fundraiser featured guest artist Stephanie Burkett Gerson, a member of Actor’s Equity and an active member of New York City’s most well known gospel choir, Michael McElroy’s Broadway Inspi-rational Voices. Gerson tours with the USO Show Troupe around the world, lifting the spirits of America’s troops and families. McNaboe met Gerson last year when she traveled to Orono with “Dis-ney in Concert.”

“When Stephanie was here, the idea of next year’s fundraiser was fresh in my mind,” McNaboe said. “We

were looking a for guest art-ists and she was here.”

McNaboe and Gerson collaborated on song selec-tion. The show included sev-en duet songs.

“‘Astonishing’ is one of my favorite songs,” Ger-son said. “Ben also had this song in his mind, so him and I freaked out when we realized that we were think-ing the same way,” Gerson shared. “For duets, we tried to pick songs that would fit both guys and girls.”

Since Gerson resides in New York City, she was in constant communication with McNaboe this past year.

“We have sent probably over thousands of texts and emails to each other,” Mc-Naboe said. In addition to the fundraiser, McNaboe is working on several projects including an upcoming SPA

See SPA on A9

go!

What’s happening in and around Orono this week

Wednesday, Feb. 3

Annual Career Fair

New Balance Recreation Center
10 a.m. — 3 p.m.
Free

Thursday, Feb. 4
Limits to Growth Imposed by Peak Energy, Climate, and Debt: the Beginning of the End for Neoclassical Economic Theory and Complex Industrialized Civilization
12:30 p.m. — 1:45 p.m.
Bangor Room, Memorial Union
Free

Friday, Feb. 5

Deep Roots/Old Strength

9 a.m. — 4 p.m.
Lord Hall Gallery
Free

Saturday, Feb. 6
Cadenzato Faculty Chamber Music Concert

7:30 p.m. — 9:30 p.m.
Minsky Recital Hall
\$9 - \$25, or free with Student MaineCard

Tap Takeover at The Family Dog highlights all things local

Alan Bennett & Taryn Lane

For The Maine Campus

As snow gently cloaked the streets of Orono, wrap-ping the town in a cool and mystifying embrace, local students and town residents alike found solace inside the fastest-growing hotspot in town. Patrons came to the Family Dog on Friday, Jan. 29, for three things: beer, music and a cause.

This was the second tap takeover at the Family Dog, this time featuring a spread of beers by Rising Tide Brewing Co., a Port-land, Maine-based brewery. Featured beers included a coffee porter, American pale ale and a barrel-aged bar-ley wine ale, among others. A portion of the proceeds from draft and food sales go towards purchasing a canoe for Orono Youth paddling programs through Maine Canoe & Kayak Racing Or-

ganization (MaCKRO).

“I have a good relation-ship with Bob at the Family Dog, and he and I got to-gether and kind of spurred this idea of having a brew-ery come in and take over his draft lines, and then have the proceeds from that event go to charity,” Kate Putnoky, an associate with Mariner Beverages — a distributor of Rising Tide beers — said at the event. “And because Rising Tide has a close relationship with boating and the mariner life-style, we thought it might be fun to pair up with the canoe organization.”

“We focused on Ris-ing Tide because they have so many different things, seasonal offerings, special offerings that we could of-fer here and not anywhere else,” Putnoky said.

The event began at 6 p.m. and ran until 11 p.m., but the main event of the night, a three-hour set of solo music

by University of Maine stu-dent, Lucas Roy, began at 8 p.m.

Roy, a fourth-year fi-nance and accounting stu-dent, has been performing since he was 16, when he realized he could sing. Since then, he’s performed with his band, The Middle Men, all over the state, as a solo act at local restaurants and as a member of Mainely Voices, the co-ed a cappella group on campus. In ad-dition to singing, Roy plays bass and acoustic guitar.

He’s even competed in the preliminary rounds of American Idol.

This is the second tap takeover event at The Fam-ily Dog at which Roy has performed, but Roy said the crowd at the Rising Tide takeover surpassed his ex-pectations.

“Last time, it was real slow to begin with. There

See Local on A9

Students roll with the punches at Improv In Sanity tryouts

Carter Hathaway
Contributor

Students roll with the punches at Improv In Sanity tryouts

Carter Hathaway
The University of Maine’s student-run improv group, Improv In Sanity, held tryouts for new mem-bers on Thursday, Jan. 28 in the Black Box Theater of the Class of 1944 Hall.

The tryouts were sched-uled to increase membership and raise awareness of the group, according to Hannah Waters, a third-year interna-tional affairs student and di-rector of the group.

“We really like to see peo-ple who are open to sugges-tions, who are willing to put themselves out there, and be comfortable on stage by do-ing silly, goofy and ridicu-lous things,” Waters said.

Instead of a traditional audition format, students trying out for the group were

integrated into the group’s regular Thursday rehearsal schedule.

“We want to create a laid-back, relaxed atmosphere for them with no pressure,” Wa-ters said.

Elizabeth Martin-Huitt, a fourth-year philosophy and political science student, had experience in improv since middle school before trying out.

“I don’t think you can go in with expectations with improv. If you go in with ex-pectations, you set yourself up to fail,” Martin-Huitt said.

Martin-Huitt wanted to return to improv after bal-ancing a busy work and school schedule leading into her senior year.

“College is so stressful, you need to do something to release or you’ll spon-taneously combust,” Mar-tin-Huitt said.

Improv In Sanity is divid-ed into two separate groups — the performance group,

which consists of students who participate in the bulk of performances and the club group, which consists of new students who participate in a few smaller performances.

“The club group is used to develop the basic skills of improv. A lot of people get into improv think it’s about telling jokes, but it’s not. It’s about developing funny char-acters and situations. We use the club group to stop those bad habits,” Waters said.

Students who wish to be part of the performance group must typically be part of the club group for at least one semester.

Improv games at the try-outs included a real estate agent and client role play and invisible object description in order to create on-the-spot humor.

“It’s great to learn from different people with differ-ent styles of humor,” Mar-

See Improv on A9

UMAINE RESULTS



INDOOR TRACK AND FIELD

Maine competes at BU, UNH

Maine teams played at different venues over the weekend

B2

1/27	Women's Basketball vs. Hartford	Win	61-43
	Men's Basketball at Hartford	Win	105-100
1/29	Men's Ice Hockey at UMass	Win	5-2
1/30	Men's Ice Hockey at UMass	Win	5-4
	Women's Ice Hockey at Providence	Win	3-1
1/31	Women's Ice Hockey at Providence	Loss	1-0

Conference scores, standings and upcoming schedule on B4

BASKETBALL

Women's team earns HE wins

The Black Bears topped Hartford and Binghamton last week

B2



Men's basketball earns two conference wins

Spencer Bergholtz
Staff Writer

The Stony Brook Seawolves men's basketball team made quick work of the University of Maine Monday night, hosting a struggling Black Bears squad that dropped the contest 81-54. With the victory, the Seawolves remain a perfect 7-0 in America East conference play, while the Black Bears drop to seventh place and move to 2-4 in conference action.

Stony Brook certainly played the part of division leaders, as they shot the basketball at an impressive rate from all over the floor. The Seawolves connected on 31-for-51 from the field for 61 percent shooting, while converting on 71 percent from beyond the arc on 10-of-14 shooting. Stony Brook outrebounded Maine 41-22, which gave the Seawolves plenty of second chance opportunities, as well as the ability to control the pace of play.

Maine's offense was struggling to keep up with the sharp shooting of Stony Brook and could never get within striking distance. They consistently shot the ball poorly throughout the contest giving them no chance to

keep it competitive against the Seawolves. The Black Bears shot a dismal 18-of-54 from the field, which was good for a lowly 33 percent shooting on the game.

Stony Brook got plenty of offensive production from multiple different players. Seawolves fourth-year guard Carson Puriefoy guided the Seawolves to victory and continuously posed matchup problems for the Black Bears defensively. Puriefoy led four double digit scorers for Stony Brook, dropping 23 points on 6-of-11 shooting from the field with five of his made baskets coming from three-point land.

Fourth-year forward Jameel Warney was a force to be reckoned with, chipping in a double-double for the Seawolves with 12 points and 12 rebounds. Third-year guard Lucas Woodhouse was also efficient offensively for Stony Brook, scoring 12 points along with a game-high seven assists. Fourth-year forward Rayshaun McGrew added 14 points as well.

First-year forward Devine Eke was the lone double digit scorer for Maine, with 11 points on 4-for-8 shooting. Fourth-year forward Till Gloger was extremely effective off the bench for



Men's team drops contest to Stony Brook before earning wins over Hartford, Binghamton

File Photo

the Black Bears, netting eight points on 4-of-7 shooting while hauling in four rebounds in only 12 minutes of action.

Black Bears top Hartford in overtime

The University of Maine men's basketball team won a 105-100 overtime thriller on Wednesday night on the road against the Hartford Hawks.

This tightly contested game was back and forth action from the opening tip until the final buzzer that featured 18 lead changes, and was tied up 13 different times throughout the contest.

Second-year guard Aaron Calixte and Gloger guided the Black Bears to victory on Wednesday night. Calixte scored 23 points to go with

five assists and four rebounds. Gloger was effective coming off the bench scoring 22 points on 10-for-14 shooting and hauled in 9 rebounds. Eke recorded his third double-double of the season with 13 points and 11 rebounds for the Black Bears. Second-year guard Kevin Little added 16 points.

Hartford's third-year

guard Pancake Thomas went off for the Hawks, filling up every category in the box score. Maine had no answers for Thomas, he dropped 29 points, 10 rebounds and six assists in his team's loss. Third-year guard Evan Cooper chipped in 15 points off the bench.

See **M. Basketball** on **B2**

Women's hockey splits series with Providence

Lance Lajoie
Contributor

University of Maine fourth-year goaltender Meghann Treacy showed why she is one of the best goalies in Women's Hockey East on Saturday, stopping 24 of 25 shots to lead the Black Bears to a 3-1 victory against Providence College. The victory snaps a seven game winless streak for the Black Bears.

The Friars were the first to get on the board just seconds before the end of the first period, as third-year forward Cassidy Carels was able to capitalize on a forced turnover to collect her seventh goal of the season.

Providence would

take the 1-0 lead into the first period, but it was short-lived as Maine's fourth-year forward Audra Richards found the back of the net 1:33 into the second period for her 13th goal of the season. Second-year defender Mikayla Rogers was credited with the assist.

Special teams were a factor as Maine was able to score two second period goals on the man advantage. Fifteen minutes into the second period, fourth-year defender Kelsey MacSorley and second-year forward Catherine Tufts would assist third-year forward Morgan Sakundiak for a power play goal. This would be all of the offense that Maine would need.

First-year defender Alyson Matteau provided

the insurance, continuing her impressive freshman campaign by scoring her fifth goal of the season with under a minute to play in the second on the 5-on-3 man advantage. Tufts picked up her second assist of the game on the goal.

Neither team was able to find the back of the net in the third period. Providence's first-year goaltender Madison Myers finished with 21 saves on 24 shots. The Black Bears converted two of their seven opportunities on the power play. The Friars went 0-6.

Providence shuts out Maine 1-0

Winning games on the road against a conference opponent is tough. Doing it two times in the same

weekend is even more difficult.

The Black Bears found this out the hard way as they were shutout by Providence College 1-0 on Sunday afternoon. Carels, who scored her second goal of the series and eighth goal of the season, broke the scoreless tie 17:20 into the second period when she banged home a one-timer in the slot off an assist from second-year forward Brooke Boquist.

Providence's first-year goaltender Madison Myers bounced back from allowing three goals in Saturday's game, by stopping all 20 shots she faced en route to her first collegiate shutout. Her record on the season improves to 8-11-1.

Treacy did all she could to keep her team in the game, turning away 23 of 24 shots she faced. Her record falls to 7-16-2 for the season. Her 47 saves on the weekend brings her career total in Hockey East to 1,877 saves, good enough for fifth place all-time. She joins former Black Bear netminders Genevieve Turgeon (3rd, 2042 saves) and Brittany Ott (2nd, 2043 saves) in the top five.

Both teams went 0-4 on the power play, which included a 5-on-3 advantage for the Black Bears. Providence, for the second straight game, outshot Maine 24-20. Maine held the advantage in the faceoff circle again, winning 31 draws to

Providence's 26.

With the loss, Maine falls to 8-19-2 (4-15-1 WHEA) and drops to eighth place in the conference. Providence improves to 9-18-1 (5-12-1 WHEA) and claims sole possession of sixth place.

The Friars return to action Feb. 6 when they host second place Northeastern for one game, before heading to Storrs, Conn. to take on the University of Connecticut Huskies the following afternoon.

The Black Bears return home for senior weekend Feb. 5 and 6 as they play host to Merrimack College, with four crucial Hockey East points up for grabs. Puck drop is scheduled for 2 p.m. both days.

Black Bears hockey sweeps UMass in HE action

Jacob Posik
Sports Editor

In desperate need of points to regain position in the Hockey East conference, the Maine Black Bears answered the call by sweeping conference rival, the University of Massachusetts (UMass), on the road by scores of 5-2 and 5-4 over the weekend. The wins also marked just the second and third time the Black Bears scored five or more goals this season, gaining an offensive prowess at precisely the right time, just weeks away from postseason play.

After the weekend wins, Maine moves to 7-15-6 on the season and 4-8-2 in

Hockey East play, while UMass falls to 7-16-4 and 2-11-4 in conference action.

Five different Black Bears score in 5-2 win

Maine spread the wealth on Friday night, controlling the Minutemen on their home ice with relative ease. Four different Black Bears notched two points in the contest, while fourth-year goaltender Matt Morris backstopped Maine in a 28-save performance. Despite Maine's penalty kill being taken advantage of, the Black Bears dominated play at even strength and had enough offense to hold on for the win.

Third-year forward Blaine Byron got things

started for Maine, notching the first goal of the weekend just over a minute into the contest. Third-year forward Cam Brown and fourth-year defender Conor Riley assisted on the play. Byron received a pass at the point and ripped a slapshot that found its way to the back of the net with the help second-year forward Nolan Vesey, who was screening first-year netminder Nic Renyard on the play.

The Minutemen responded by tallying their first power play goal of the contest before the first intermission. First-year defender Ivan Chukarov received a pass from first-year forward Austin Plevy and buried the puck to knot

the score at 1-1.

The Black Bears responded in the middle period, scoring just seconds after returning to the ice. First-year forward Brendan Robbins received a long pass while skating up ice in transition, beating the UMass defense and then Renyard to regain the lead.

Riley doubled the Black Bears lead on a quick wrist shot in the offensive zone that beat Renyard top shelf. Byron and fourth-year captain Steven Swavely assisted on the play.

Plevy notched the Minutemen's second power play goal of the contest in the final period. Third-year forward Ray Pigozzi found Plevy on the play, who was

able to get Morris out of position to bring UMass within a goal at 3-2.

Third-year forward Brian Morgan and Swavely would each find the back of the net before the final horn, giving the Black Bears the 5-2 victory. Renyard was replaced by third-year goaltender Alex Wakaluk in the third period. Renyard made 22 saves on 25 shots before Wakaluk stepped in. Wakaluk stopped eight of the 10 shots he saw in the third period.

With the win, Morris moves to 5-5-3 in net for Maine on the season while Renyard falls to 4-11-4. Maine failed to convert on both of their power play opportunities in the contest,

while UMass managed to connect on two of their seven chances.

Merchant helps Maine complete sweep in 5-4 win

Fourth-year forward Will Merchant scored two goals on Saturday night, helping the Black Bears jump to an early 3-0 advantage on the Minutemen early in the middle period. Morris got the nod again at goaltender, and played just well enough for the Black Bears to hang on late in the contest, securing a 5-4 win in what was only Maine's second sweep of a Hockey East conference opponent this season.

See **Men's Hockey** on **B3**

Wood, Koizar lift women’s basketball over conference foes

Timothy Rocha
Staff Writer

Last season, Hartford’s women’s basketball team knocked Maine out of the America East postseason during the semi-final rounds. On Wednesday, under the bright lights of the Cross Insurance Center, the Black Bears got their revenge. Coughing up 19 turnovers, Hartford’s offensive woes led to their defeat, falling to Maine 61-43.

With their eighth home win, the Black Bears move

up to 15-7 on the year. They now hold an impressive 6-1 mark within America East showdowns. On the other side, the Hawks now fall to 8-12 overall, while still holding a 4-3 record within conference play. Though the Black Bears remembered how Hartford ended last year’s season for them, revenge wasn’t their biggest concern.

“I wouldn’t say it was out of our mind, but it wasn’t our main focus. I think this game was really a team game for us,” fourth-year forward Liz Wood

said.

Going 8-14 on shots, with a 4-7 mark from the three-point line, third-year guard Sigi Koizar found herself with another big game as she gathered 24 points. In addition, she also notched four assists and five rebounds. Hartford knew she would be their biggest challenge, yet they still couldn’t slow her down.

“She just knows how to control a basketball game and I don’t think she ever lets missed shots affect her. She’s always confident in



Liz Wood contributes 8 points to the Black Bears 61-43 victory against the Hartford Hawks on wednesday at the Cross Insurance

Maggie Gautrau, Staff

her offensive ability and she makes things happen defensively,” Hartford Head Coach Jennifer Rizzotti said of Koizar. “She’s always been a kid that’s made big plays.”

Maine outplayed Hartford on shots, going 24-55, while making 44.4 percent of their attempts. Hartford was less accurate as the Hawks stood at 17-44 on attempts, making

38.6 percent of their shots. When it came down to three-point tries, Hartford hit 8-24, while Maine made 6-20. The biggest

See **W. Basketball** on **B3**

M. Basketball from B1

It was a very evenly played first half with the two teams trading buckets at an identical rate. Maine was slightly ahead early on in the contest up by four half way through the first half until surrendering a 10-2 run to the Hawks that gave Hartford a small lead that they maintained the rest of the half. The first half ended with Hartford up 47-43 and neither team was able to separate themselves.

It took Maine a while to regain the lead in the second half. They kept putting short spurts of offensive runs together, cutting the Hartford lead to just one point on multiple occasions, but couldn’t seem to knot the score or take the lead. Maine eventually regained the lead with just under eight minutes left in the game thanks to a 6-0 run fueled by four consecutive free-throws by first-year forward Issac Vann that put the Black Bears on top 74-73. After the Black Bears regained this lead there was 10 lead changes throughout the final eight minutes of regulation and the game was destined for overtime.

In the overtime period Hartford came out of the

gates extremely hot. The Hawks put on an 11-4 run in the opening 2:10 of the overtime and the game nearly looked out of reach for the Black Bears. Maine Head Coach Bob Walsh called a much needed, game changing timeout to get his guys back on track and it ended up saving the day for the Black Bears.

Following Walsh’s timeout the Black Bears came back and went on a game clinching 12-0 run. Little and fourth-year forward Shaun Lawton connected on clutch back-to-back 3-pointers. Third-year guard Troy Reid-Knight also had a huge offensive put back to finish off Maine’s 12-0 run that ultimately put the game away. Hartford tried to make it interesting at the end with a couple buckets and Maine missed free throws but it was too little too late as the Black Bears held on for the 105-100 win.

Little leads Maine in 64-63 win

The UMaine men’s basketball team returned home in winning fashion on Saturday afternoon, taking down the Binghamton Bearcats 74-63. Maine came out of the gates extremely hot, getting out to a 13-2 lead in the first five minutes of the game thanks to Little netting 11 points on 4-for-4 shooting.

However, Binghamton was able to get themselves out of the early mess and make it a closely contested contest.

Little credited his teammates and his ability to get open for his success early on.

“If I’m open, I’m going to shoot it, and I was open a lot. My teammates believe in me to shoot it and if it goes in it goes in and that’s what boosts my confidence,” Little said.

After the Black Bears quick start in the first five minutes, Binghamton responded quickly to regain the lead after a much needed timeout by Head Coach Tommy Dempsey. Following their timeout, Binghamton then regrouped and put up a 20-4 run on Maine that gave the Bearcats a lead by six points with 7:27 left in the first half. Maine got themselves back on track and were exchanging buckets at an even rate the rest of the half, taking it into the locker room down by four at halftime.

Little and Vann connected on back to back 3-pointers for Maine early on in the second half to tie the game up at 41-41. Neither team was able to grab a hold of a comfortable lead the rest of the way. With 5:00 left to play the Black Bears were up by one point before Walsh

made a key substitution. The lineup he featured was Vann and Little along with Eke, Calixte and Lawton. They went on a quick 8-2 run that propelled the Black Bears to a 11-point victory.

Little had a game-high 22 points off of 5-for-8 shooting from three-point range and 8-for-15 from the field. Vann was phenomenal for Maine, throwing down a couple of highlight reel dunks and recorded a double-double with 19 points, 11 rebounds to along with a career-high six assists.

Walsh wasn’t very pleased with the pace of the game but will take the results of today and is proud of his team for grinding it out.

“I thought it was a very good result for us. We had to really, really grind it out in the half court in the second half. We weren’t able to play at the pace of the game we wanted to. This is the first game we have won in our conference that we weren’t able to get the game at our pace,” Walsh said.

Maine improves to 8-13 overall and 4-4 in conference play following the victory. The Bearcats fall to 5-16 overall and 2-6 in conference play after their loss. The Black Bears will carry their two game win streak to Vermont on Feb. 3 to take on the Catamounts at 7 p.m.

Indoor track and field teams compete at BU, UNH

Connor Schneider
Contributor

On Jan. 29-30, the Black Bears traveled to Boston University to compete in the Thomas Terrier Classic, an invitational meet that took place over two days and featured over 20 teams. It was not a traditional meet, and points for each team were not collected or noted. Rather, it served as a valuable exhibition meet to ready the athletes for larger, competitive meets that will occur later on in the season.

The women’s field events competed first on Friday, and almost immediately fourth-year Jaclyn Masters reestablished herself as one of the most dominant pole vaulters in New England. She tied Ithaca’s third-year Katherine Pitman to ascend to the lofty height of 3.9 meters.

The strong showing in the field events didn’t end there. In the long jump, second-year Ariel Clachar finished in seventh place overall, leaping 5.48 meters.

Second-year Rachel Bergeron threw 15.11 meters in the weighted throw, which landed her at 16th place of all women at the meet.

The men began their performances late on Friday, but the bulk of their competition was on Saturday. In the field events, fourth-year Julian Hubbard took fiftieth place with a jump of 6.11 meters. In the triple jump, Hubbard continued to make waves by finishing 19th at 13.63 meters.

Two Maine participants were finalists in the high jump, third-year Asaad

See **Track & Field** on **B4**

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Old town puts mill to close up shop will put res out of work in December

TAP INTO WHAT’S HAPPENING ON CAMPUS

AND BEYOND.

Issac Vann brings versatility and promise to men’s basketball

Spencer Berghotlz
Staff Writer

The University of Maine men’s basketball team added a phenomenal talent this year in first-year forward Issac Vann, a native of Bridgeport, Conn. Vann is already making a huge impact this season for the Black Bears as he is second on the team in both scoring and rebounding with averages of 14.5 points per game and 6.2 rebounds per game. He is also extremely effective shooting the ball from all over the floor converting on 48 percent from the field, 46 percent from three-point territory and 78 percent at the charity stripe. Vann attended Bunnell High School in Stratford, Conn. where he led his team to two South Western Conference championships and made the all-tournament team twice. He netted 1,486 career points throughout his career with Bunnell and earned All-State McDonald’s All-American honors twice and was also named a Hartford Courant top-10 player for the state of Connecticut his senior year. After Vann’s spectacular career at Bunnell he did a year at Coastal Academy for prep

school before coming to play here at the University of Maine. Vann credits his dedication to the game, his AAU coach and his mother for the quick adjustment from high school to Division I basketball. “Just trying to work hard every day, taking care of my body. I put in a lot of work, put up extra shots and workout consistently. My mom and my AAU coach are always on me trying to get me to work harder. I work out with my AAU coach at home, he played college basketball and professionally overseas so he has a lot of experience with the game,” Vann said. It was an easy decision for Vann to make on coming to play basketball here for the Black Bears. He was very encouraged by the commitment he saw from Head Coach Bob Walsh and his staff. He also knew he could be an impact player all four years. “Coach Walsh and the rest of the coaching staff were recruiting me the hardest out of high school. They went to my games and practices when I was at prep school. And having a chance to have an immediate impact on this team because we are rebuilding right now

so I knew I could make an impact,” Vann said. Aside from being such a great talent on the floor, he is very coachable, easy going and goes about improving his game the right way according to his teammates and coaches. “Coaching Issac is great fun every day because he is focused, stays quiet and goes about his job. He’s got a great desire to improve, which you are looking for in all of your players. He wants to get better. That, combined with his natural ability and his composure makes him special,” Walsh said. “Issac has been a great addition to our team on the court and in the locker room. He is a fun, easy going guy and has fit in perfectly,” teammate and third-year forward Marko Pirovic said. Though the team may not have the best record as of right now at 8-13, the future looks bright for Vann and the Black Bears. The majority of the team is comprised of underclassmen and about half of the team is freshman. He is confident that things are going to get better in years to come with the youth on their side. “We definitely have a talented group of young

guys, I feel like next year we will be way better once we get the chemistry up and we could go deep in the conference tournament and hopefully make the NCAA tournament,” Vann said, as far as his future goals go. Growing up, Vann’s greatest influence was his mother. His mother was always there to support him the best she could despite going through some hard times when Vann was growing up. It was just the two of them living together and they had to overcome some adversity. “My mom, definitely my mom because growing up it was always just me and my mom. She struggled a lot so I just want to make her proud. I try to push myself to work hard everyday and will do what I have to do to make her proud,” Vann said.

It’s safe to say that Vann has made his mother proud thus far in his freshman year campaign at UMaine. He has been performing on and off the court at an extremely high level, and the Black Bears have inherited a special young talent for years to come. The future looks promising for Vann and the young Black Bears squad.

Men’s Hockey from B1

Maine reversed its luck on the special teams in game two, notching a pair of power play goals and one shorthanded. Merchant got the Black Bears started early in the opening period when he took a pass from fourth-year forward Andrew Tegeler and rifled the puck into the net for a 1-0 advantage. Morgan added to the Black Bears lead on Maine’s first power play score of the contest. Third-year defender Eric Schurhamer and Byron assisted on the score. Merchant notched his second goal of the contest to enhance Maine’s lead to three at the 3:25 mark of the middle period. UMass would tally two goals before the second intermission, giving them a brief stint of life before Maine’s next score. Second-year forwards Dennis Kravchenko and

Dominic Trento each beat Morris in the middle period to bring the Minutemen within a score. Byron added to his three point night by tallying a shorthanded goal to start of the third period. Brown and first-year defender Rob Michel added helpers on the play. Both teams traded goals until the final whistle, with the Black Bears edging out the 5-4 win. Vesey scored the game-winning goal on the Black Bears second successfully converted power play of the contest. Chukarov added a late tally for UMass with their goalie pulled, but couldn’t find the back of the net again before the contest ended. Morris made 31 saves on 35 shots, while Minutemen second-year netminder Henry Dill stopped 41 of 46 Maine shots. Maine returns to action next weekend for a home series against Hockey East opponent Providence College. Puck drop is scheduled for Friday, Feb. 5 at 7:30 p.m.



W. Basketball from B2

factors that led to Maine’s win were the 19 turnovers that they forced, as they scored 21 points alone off takeaways. With a layup from fourth-year forward Bella Swan, the Black Bears got on the board first. During their possessions, Maine spread the ball around well, setting themselves up for perfect shots. At the end of the first period, the game was tied 11-11. After a relatively quiet start to the game, Koizar’s impact increased as she landed seven points in the second period, hitting two free throws, a three-point attempt and a jump shot. The Black Bears outscored the Hawks 17-13 in the quarter, giving Maine the 28-24 advantage. Though they played well, Maine’s first two periods were overshadowed by some missed attempts. “I thought we played a really solid first half, we just didn’t make some shots, but we dominated in a lot of other statistical ways,” Maine Head Coach Richard Barron said. “We got more field goal attempts, I thought we weren’t turning the ball over, we seemed to be moving the ball better, but we just didn’t hit our shots.” Swan’s presence in the game increased in the third period. She made six consecutive points on two layups and a jump shot. In addition, Koizar put up another 11 points as Maine finally found a way to separate themselves from Hartford on the scoreboard. With a three-point shot from Koizar in the final few seconds, Maine brought their lead to 47-34. With a little bit of breathing room at the start of the fourth quarter, the Black Bears played their best. They scored 12 consecutive points to give themselves a 22 point lead, their largest of the game. From there, they were able to cruise along to the 61-43 victory. With Hartford missing

their lead scorer, third-year guard Deanna Mayza, due to injury, they never seemed to be able to keep together a consistent offensive attack. Fourth-year guard Katelyn

9-12, while they still grasp a 4-4 record within their conference. Wood continued her recent resurgence as she hit 7-for-13 from the field,

“[Koizar] just knows how to control a basketball game and I don’t think she ever lets missed shots affect her.”

Jennifer Rizzotti
Hartford Women’s Basketball Coach

Skinner’s nine points were the highest on the team as she went 3-of-5 from the field, and 3-of-5 on three-point attempts. Late in the matchup, Rizzotti noticed that her players were getting fatigued as the game started slipping out of reach. “The second half the confidence started to leave. We started to breakdown communication wise and they started to get tired,” Rizzotti said. For the Black Bears, Swan had a good game as she put up 14 points. Wood also helped the team by contributing 12 rebounds, along with eight points. The Black Bears have been playing their best basketball in conference matchups, and if they continue to play like this, they may very well have a chance to win the America East. **Wood, Koizar lead Maine over Binghamton** Binghamton’s women’s basketball team found out the hard way that winning is tough when you can’t keep possession of the ball. After giving up 20 turnovers at home, the Bearcats fell to the Black Bears 52-38 on Saturday, giving Maine its fourth straight win. Maine scored first and kept the lead throughout the contest as their defense gave Binghamton trouble the entire game. Currently deep in conference play, the Black Bears are gaining momentum as they now stand at 16-7 overall, with a 7-1 mark within the America East. On the other side, the Bearcats fall to

leading Maine with 18 points and 14 rebounds. In addition, Koizar earned 14 points, while fourth-year guard Lauren Bodine gave the Black Bears four of their five successful three-point shots. When it came down to shots, Maine was slightly

more accurate in most categories. They went 20-60 on attempts, hitting the net 33.3 percent of the time. Binghamton went 14-21 on shots, while 31.7 percent resulted in points. Successful three-point attempts were a rare sight, as the Black Bears went 5-19, while the Bearcats went 2-10. Though Binghamton gave up 20 turnovers, they also forced 15, but they were unable to consistently capitalize on the opportunities. Koizar put the Black Bears on the board first with a shot from the three-point line. Maine didn’t slow down, as Wood hit four layups, creating a gap in the score early. Defensively, Maine slowed Binghamton down to only four points in the first period, as the Black Bears

took the 18-4 advantage. Sensing the game slipping away early, the Bearcats righted the ship in the second quarter. Fourth-year guard Kim Albrecht nailed three free throws and a three-pointer as Binghamton scored 12 consecutive points, bringing the match to within five. The rally led to the Bearcats outscoring the Black Bears 14-8 in the period, yet Maine went into halftime with the 26-18 lead. The Black Bears stole the show in the third quarter as they reeled in 11 straight points. With a late layup from Swan, the Black Bears took a comfortable 18 point advantage, bringing them to 44-26 heading into the final 10 minutes of action. The fourth quarter remained scoreless for four

minutes, until first-year guard Rebecca Carmody hit a free throw for Binghamton, as they tried everything they could to climb back, but it was too late. A last second layup from second-year forward Alyssa James brought the final score to 52-38, in favor of Maine. For Binghamton, their struggles arose from their inability to both keep offensive pressure and maintain possession of the ball. Carmody and second-year guard Imani Watkins both led the team with nine points, while first-year forward Corrinne Godshall contributed 10 rebounds. Maine will have a chance to extend their recent win streak to five when they host Vermont on Wednesday, Feb. 3.

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Around the Conference



MEN'S HOCKEY SCORES

1/26	Sacred Heart	7	1/30	New Hampshire	3
	Connecticut	4		Providence	1
1/29	New Hampshire	1		Maine	5
	Providence	3		UMass	4
	Maine	5		Arizona State	1
	UMass	2		UMass Lowell	8
	Merrimack	0	1/31	Arizona State	0
	Boston University	4		Merrimack	10
	Boston College	4			
	Notre Dame	0			
	Arizona State	1			
	UMass Lowell	4			

STANDINGS

1	Boston College	17-4-4
2	UMass Lowell	17-5-4
3	Notre Dame	14-5-7
4	Providence	17-5-4
5	Boston University	14-7-4
6	Vermont	11-14-2
7	Connecticut	8-15-3
8	Northeastern	9-12-4
9	Maine	7-15-6
10	New Hampshire	9-13-4
11	Merrimack	8-14-5
12	UMass	7-16-4

OVERALL

WOMEN'S HOCKEY SCORES

1/25	Princeton	4		Connecticut	3
	Connecticut	0		Vermont	1
1/26	Boston College	4	1/31	Maine	0
	Merrimack	1		Providence	1
1/29	New Hampshire	2			
	Northeastern	5			
	Connecticut	2			
	Vermont	1			
1/30	Maine	3			
	Providence	1			
	Merrimack	2			
	Boston University	6			

STANDINGS

1	Boston College	27-0-0
2	Northeastern	23-4-1
3	Boston University	17-9-2
4	Connecticut	11-12-5
5	New Hampshire	10-17-1
6	Providence	9-18-1
7	Vermont	6-21-2
8	Maine	8-19-2
9	Merrimack	4-23-1

OVERALL

WOMEN'S BASKETBALL SCORES

1/27	Umass Lowell	55		Binghamton	38
	Albany	85		Maine	52
	Vermont	83			
	New Hampshire	63			
	UMBC	62			
	Binghamton	51			
	Maine	61			
	Hartford	43			
1/30	New Hampshire	55			
	UMBC	65			
	Stony Brook	73			
	Vermont	59			

CONFERENCE STANDINGS

1	Albany	7-0	16-3
2	Maine	7-1	16-7
3	Stony Brook	6-2	14-7
4	Hartford	4-3	8-12
5	UMBC	4-4	13-8
6	Binghamton	4-4	9-12
7	Vermont	2-6	7-14
8	New Hampshire	1-7	7-14
9	UMass Lowell	0-8	3-17

AE RECORD

OVERALL

Track & Field

from B2

Hicks and fourth-year Tyler Martin. Hicks tied for second place with Central Connecticut’s first-year Amaziah Gadson, both men jumping a height of 2 meters. Martin tied for 11th place along with nine other athletes, reaching the height of 1.9 meters.

For running events, fourth-year Jake Leithiser took 18th place in the 400-meter dash by clocking in at 48.53 seconds.

Maine competes with UNH and Vermont

In their second meet of the weekend, the University of Maine went toe-to-toe against local rivals New Hampshire and Vermont. It was a tough meet against stiff competition, but both the men and women gave it their all and demonstrated their tenacity and talent, and their will to win.

In the 55-meter dash, the women began the day strong with two runners in the final six. Fourth-year Katelyn Guilmette finished third at 7.58 seconds. First-year Lauren Magnuson finished sixth with a final time of 7.70 seconds.

In the 200-meter dash, Maine secured the top three places. Second-year Grace Macura finishing first in 27.06 seconds, and Magnuson placing second with 27.11 seconds.

Second-year Alexis Dietrich finished in 27.15 seconds to take third place before New Hampshire’s fourth-year Molly Clark finished in fourth.

Second-year Kaitlin Saulter completed the 500-meter run in 1:18.31 to take first place overall.

Fourth-year Annabelle Wilson ran the 3,000-meter in 10:42.59, a full four seconds before New Hampshire’s second-year Julia Shorter crossed the finish line, guaranteeing Maine first place in the event.

Third-year Grace MacLean won the 55-meter hurdles event in 8.58 seconds. Maclean also participated in the long jump in which she finished second place after jumping 5.06 meters.

Maine won both the 4x400 and the 4x800-meter relay, finishing the 4x400 in 4:11.9, and completing the 4x800 in 9:34.37.

For the throwing events, third-year Ashley Donohoe had a fantastic day. She finished first in the women’s shot put with a distance of 13.36 meters, which was almost two meters ahead of the second place entrant. For the weight throw, Donohoe came in third, throwing 14.78 meters.

The men started the day with two runners placing in the finals of the 55-meter dash. Third-year Ryan Jamison came in third at 6.85

seconds, and second-year Garrett Johnson finished in 6.94 seconds which earned him fifth place.

Fourth-year Michael Lucas finished second in the 400-meter dash, completing the course in 52.25 seconds.

Third-year Jacob Johns ran the mile in 4:13.51 to earn first for Maine. Also in the event were fourth-year Derrek Schultz, who finished in seventh place with a final time of 4:27.24, and second-year Elijah Fossas, who finished in eighth with a time of 4:38.14.

Maine put in a strong team performance in the 3,000-meter event as well. Third-year Justin Tracy, third-year Lucas Bourget and second-year Joshua Horne finished second through fourth. Their times were 8:46.94, 8:50.08 and 8:52.73 respectively.

In the long jump, first-year Dylan Smith placed third overall as he leapt 6.1 meters. Fellow Black Bear, second-year Steven Longfellow, jumped 6.03 meters and landed in fourth spot. Longfellow also took second in the triple jump, going 12.83 meters.

Second-year Jeremy Frantz threw for the men’s shot put and managed to throw 14.43 meters, which earned him third place.

Holy Cross will come to Orono next weekend for a home meet against the Black Bears.

Rams return to LA to resurrect franchise

Derek Douglass Contributor

During a meaningless week 17 home game of the 2016 regular season, rumors began floating around the Edward Jones Dome. Players, coaches and fans alike were wondering if this would be the last home game played by the Rams in St. Louis.

The rumors turned out to be true. The Rams are returning to their old stomping grounds in the second largest city in the country: Los Angeles.

This move was questioned by most of the city of St. Louis, but if they don’t understand now, they will very soon. The move back to LA was one of the smartest moves the Rams could have made.

The 20-year stint the Rams had in St. Louis was sub-par for the franchise at best, and overall a disappointment. Their lone Super Bowl victory came 17 years ago, back when a young Kurt Warner was at the helm of their offense. Two years later against the

New England Patriots, not everything went as planned. Patriots’ placekicker Adam Vinatieri kicked a game-winning field goal with seconds remaining, ending the Rams’ bid for two Super Bowl titles in three years by a 20-17 final score. Ever since their Super Bowl loss in 2002, the Rams have been a far cry from their glorious 1999-2000 team. Since they came to St. Louis in 1995, the Rams have made five playoff appearances — just five appearances in 20 seasons.

Over the past two seasons, the Rams have finished with at 7-9, a record that says “you didn’t make the playoffs, but you were two or three close games away.” However, it’s also a record that shows that this team has a promising future.

During this past season, the Rams beat the two of the top teams in the NFC: the Seattle Seahawks and the Arizona Cardinals. Four of their losses during the season were by a touchdown or less. This team was much better than what their record showed by the end of the season. They even had a

UPCOMING GAMES

Monday, January 25

Men’s Basketball
at Stony Brook
7 p.m.

Wednesday, January 27

Women’s Basketball
vs. Hartford
7 p.m.

Men’s Basketball
at Hartford
7 p.m.

Friday, January 29

Women’s Swimming
at New Hampshire
5 p.m.

Women’s Indoor Track and Field
at Boston University
2 p.m.

Men’s Ice Hockey
at Massachusetts
7 p.m.

Saturday, January 30

Men’s Swimming
at Providence
2 p.m.

Women’s Ice Hockey
at Providence
1 p.m.

Swimming team takes meet over UNH

Derrick Douglass
Contributor

The University of Maine squared off with their rival the University of New Hampshire (UNH) Friday night in 16 swimming and diving events. The score after day one had UNH ahead of the Black Bears swimmers by a scoring total of 161-125.

Maine had a few first place finishers in the swimming portion and one first place finisher in the diving portion. Among the first place finishers was second-year swimmer Victoria Kingston, who finished first in the 100-yard butterfly with a time of 1:00.06. First-year swimmer Shayla-Rose Kleisinger finished first in the 200-yard individual medley, recording a time of 2:13.69. The 200-yard freestyle relay team consisting of second-year Emily Borger, third-year Tessa Lindsley, second-year Juliana McDonald and second-year swimmer Chloe Adams came in first

with a time of 1:41.34. The lone diving winner of the night was third-year diver Hayli Weitz, winning the three meter dive by scoring 203.62 points.

First-year Megan McGillivray quietly had a good night for the Black Bears. She finished in second place in the 200-yard IM, and also in the 100-yard backstroke. She finished in second place in the 200-yard medley relay on a team with first-year swimmer Emma Blackdeer, fourth-year Taylor Sharp and McDonald. McGillivray also placed third in the 200-yard backstroke, scoring 15 points for Maine in Friday night's meet.

The best events for Maine on Friday were the 200-yard IM, the 3-meter dive and the 200-yard freestyle relay. In the 200-yard IM, the Black Bears took the top three spots. In the 3-meter dive, they finished in first and second place. For the 200-yard freestyle relay, they finished impressively, taking the top four spots.

After an average night on Friday, the women will join up with the men for a joint meet at Providence on Saturday afternoon, with hopes of finishing the weekend strong. Saturdays meet starts at 2 p.m.

Men and women's teams compete at Providence

The UMaine men and women's swimming and diving teams squared off with the Providence Friars in a meet full of tight competition, and close events on Saturday afternoon in Providence, R.I. The women's team rebounded after a tough loss the night before, to beat the Friars by a score of 170-111. On the other side, the men's team lost a very close match to Providence, 142-129.

On the women's side, Maine won a staggering 11 out of 16 events, proving to be the difference in the overall points. Several Maine women had an outstanding day in the pool. McGillivray, Adams, Kingston and Kleisinger,

who all recorded multiple first place finishes on Saturday.

McGillivray continued her momentum from Friday night, winning the 200-meter backstroke with a time of 2:15.15. She also placed first in the 200-meter medley relay, along with teammates Blackdeer, Sharp and McDonald. The relay team recorded a winning time of 2:04.65.

Adams finished first in the 200-meter freestyle with a time of 2:10.70, then first in the 100-meter freestyle with a time of 59.91 and won the 200-meter freestyle relay with a time of 1:51.06. Her teammates for the relay were Borger, McDonald and Lindsley. Kingston placed first in the 200-meter butterfly with a time of 2:24.36, and in the 100-meter butterfly, recording a time of 1:06.71. Kleisinger won the 400-meter freestyle recording a time of 4:35.61, and was victorious in the 200-meter IM with a time of 2:28.87.

The women dominated

their side of the meet, winning almost 70 percent of their events throughout the afternoon.

On the men's side, the Black Bears won 9 out of 16 events in the meet, only losing to Providence by a mere 13 points.

A couple Maine swimmers went above and beyond on Saturday afternoon, by placing first in multiple events. First-year swimmer Andrew Majeski won three events during the meet. Makeski won the 800-meter freestyle with a time of 8:52.84, proceeded to win the 200-meter butterfly with a time of 2:16.20 and topped off his performance by winning the 400-meter freestyle by recording a 4:17.36 time.

The second Maine swimmer who had an above average day at the meet was third-year swimmer Nick Sundquist. He won two individual events, first the 200-meter freestyle with a time of 1:57.04, and then the 100-meter butterfly, recording a time of 57.07.

He was also part of two winning freestyle teams. The first was the 200-meter medley relay, with a time of 1:48.77. Sundquist won that event with the help of his teammates, second-year swimmer Peter Tirabassi, fourth-year swimmer Matt England and fourth-year swimmer Shane Kinnon. Sundquist topped off his afternoon by winning the 200-meter freestyle relay with the help of his teammates, England, Kinnon and second-year swimmer Kevin Clyne. The relay team finished with a time of 1:38.39.

After a tough loss on Saturday, the men's swimming and diving team now travels to the Wheaton Invitational for redemption next weekend.

With a strong weekend of swimming behind them, the women's swimming and diving team now turns their focus on preparing for the America East Championships at Worcester Polytechnic Institute which takes place from Feb. 11-14.

It's time the NFL move on from its meaningless Pro Bowl, opt for more entertaining game

Timothy Rocha
Staff Writer

On paper, the NFL's Pro Bowl seems like it has all the makings of a good game. It takes the top players in the league at every position and splits them into two teams to battle it out in a clash of the greats. The harsh reality is that the Pro Bowl is overshadowed by lackluster effort, a flawed voting system and players who don't even care to attend, turning what sounds like a great game into something only slightly more entertaining than a preseason contest. With rumors circulating of the game being on the chopping block for years, it's time the NFL finally gets rid of its most meaningless event.

The Pro Bowl prides itself on bringing together the best of the best, but a large number of the game's most elite players decline their invitation every year, leaving the NFL to fill their spots with less impactful players. The initial Pro Bowl roster released on Dec. 22 elected only 86 of the league's greatest stars. However, due to the game being played the weekend before the Super Bowl, none of the Panthers' 10 players, or the Broncos' four were able to attend. In addition, many other athletes declined due to injuries sustained during the season. This year has seen over 133

players invited, the most in NFL history as the league is digging deep to fill the spots of everyone backing out. What was once a prestigious group of athletes has turned into a search for whoever is willing to accept an invitation.

No other position has seen more players back out than at quarterback, as none of them seem to want anything to do with the game. Of the original six signal callers selected, only Seattle's Russell Wilson remains. Get rid of the likes of MVP quarterback candidates like Carolina's Cam Newton, New England's Tom Brady and Arizona's Carson Palmer, and you are left watching the two teams decide between Buffalo's Tyrod Taylor, Tampa Bay's Jameis Winston and Minnesota's Teddy Bridgewater, respectively. Those three may be the future of this league, but do they really represent the NFL's best right now?

The All-Pro list is voted on by experts who know football inside and out, but it's no secret the Pro Bowl selection process is handled entirely by fans, making it more of a popularity contest than anything else. Take for instance, Jaguars wide receiver Allen Robinson, who took the league by storm this year. He tied for first among his peers in touchdown receptions with

14, while also hauling in the sixth most yards receiving at 1,400. Yet his reward for being one of the best at his position was being snubbed from the initial Pro Bowl list. On the other hand, Detroit's fan-favorite wide receiver Calvin Johnson put up noticeably weaker stats, with nine touchdowns and 1,214 receiving yards, and still got the nod over Robinson. Though Robinson managed to get in when Johnson declined his invitation, it shows how meaningless the voting process is.

Of all the problems with the current Pro Bowl format, the clear lack of effort from players is the game's Achilles' heel. It only takes making the mistake of watching a Pro Bowl once to see safeties backing out of coverage mid play, or when wide receivers run half speed down the field. It has become so blatantly obvious that the players simply aren't motivated to win the game. From a financial standpoint, no athlete wants to risk a potentially career threatening injury for a meager victory prize. Last year, the winners found themselves with only \$55,000, while the losers walked away with \$28,000. During the regular season, players are fighting to earn their roster spots, stamp their tickets to the playoffs and earn bigger contracts. In the Pro Bowl, none of those key

motivational aspects come into play. As long as the game remains meaningless, the Pro Bowl will remain an eyesore for viewers.

Recent changes have been made to try and salvage the game. The NFL mulled over the idea of ending the game for years until 2014, when the classic AFC vs. NFC format was ended. Instead, the game now features a dull fantasy draft between team captains, as the NFL continues to try and hype its most boring game. The format change still hasn't paid off, as interest in the event, from players and fans alike, continues to freefall every year.

It's time for the NFL to finally cut their losses, and put the Pro Bowl out of its misery. It has become a laughing stock compared to other all-star games in professional sports. The Pro Bowl is nothing but a popularity contest where players go to play without even trying to break a sweat. No amount of changes can be made to the game at this point because no matter what, elite players will never want to risk injury for a meaningless match up. At the end of the day, the NFL needs to turn their attention away from this pointless game, and instead put their focus on the only match that is important this time of the year: the Super Bowl.

Anna Heise
Contributor

What a great week for our basketball programs. Both, the women and the men got huge wins against Hartford and Binghamton. Pretty successful, if you ask me.

Wednesday's game against Hartford was set for 7 p.m. Coach Steelman started off the night with a beautiful performance of the Finnish national anthem. Everybody who heard him sing knows what I am talking about when I am saying he can literally make you tear up. He is extremely talented and hearing him sing is a highlight every single time.

One of our biggest problems this season is the way we start off games. Often times we let the game come to us, instead of taking control form the first second. The task was simple: start the game focused, execute and get off to a good start.

For the ninth time this season we were able to hold a team under 50 points. Our defense has always been something we could fall back on when our shots didn't fall. We get our momentum from defense. Whenever we play a really good defensive position, we usually have a very good offensive position after.

We beat Hartford by a score of 61-43. Sigi Koizar led all scorers with 24 points, while Bella Swan added 14 points. Liz Wood filled the stat line with eight points, 12 rebounds, five steals and three assists.

We are currently 8-0 at the Cross Insurance Center this season, which shows how much we love playing at home. It is hard to explain, but there is something about the atmosphere at home games that inspires us to play extremely hard and confident. You guys are a big part of that success. Knowing the fans have our back really helps us to perform on a high level.

Our next game was set for Saturday at 2 p.m. against Binghamton.

Heise: Great week to be a Black Bear

Binghamton is our longest trip of the season. Ten hours in the bus is no joke. Coach Vachon is always holding us down with a variety of movies, Coach Mal provides us with snacks (healthy, duh) and Coach Steelman gives out fist bumps to anybody who looks like she needs one. The first five hours are usually not too bad. Most of us are busy doing homework, watching movies or reading books.

After that it goes downhill. Everybody is bored and tired and doesn't know what to do in the limited space on the bus. On this trip, some of us started braiding hair and discussed who would be married first. Boredom at its finest — except if your name is Maddy McVicar. Maddy amazes me on every single road trip. She falls asleep as soon as we leave, wakes up whenever we stop to get food and falls right back to sleep. According to her she is catching up on all the sleep she missed during the week. After we finally made it to Binghamton, we went straight to bed. Shoot around was scheduled for 8:30 a.m., since the game was at 2 p.m.

Binghamton is a much-improved team compared to last year. They have three extremely good players and our focus was on stopping them and not allowing any easy baskets. None of their players scored in double digits, which proves that our defense is something we can rely on.

Liz Wood was once again outstanding. She led the team with a double-double of 18 points and 14 rebounds. Lauren Bodine doesn't seem to miss lately, and always hits a three-pointer just when we need one. She had 12 points in the win over Binghamton.

Sigi Koizar played a very solid game with 14 points and only needs two more to reach 1,000, so make sure you will be at the Cross Insurance Center on Wednesday, when we take on Vermont at 7 p.m., to cheer her on in achieving this big milestone in her career.



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